

Dowsers Society of NSW Inc.

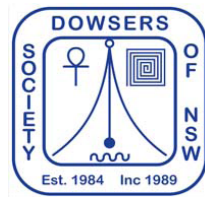
Newsletter

May 2021

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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.

Speaker for May 16th, 2021

Juanita Smith

- Creating Wellness -

Juanita Smith is the founder of Activate Hypnotherapy. She has developed an extremely successful, proprietary 5-step system to help clients overcome all types of addictive behaviours, including smoking/vaping, drinking, gambling, weight problems and drug abuse.



As a Wellness and Life Coach, Juanita is a firm believer in alternative therapies offering healing and nutrition for the mind and body. She has found hypnotherapy to be the fastest, most dramatic, and effective modality to create the transformational changes you desire in your life.

She says *“About 90 to 95% of our mind is the unconscious; it is very rigid. So, once things are programmed in there from past experiences and memories, it is very difficult to shift them”*.

As a professional Trauma Specialist, she is able to reach the unconscious and help patients with the most advanced and comprehensive hypnotherapeutic techniques.

Juanita will share and demonstrate her techniques for us.

She can be reached at www.activatehypnotherapy.com.au

From the Editor

Autumn in Sydney is always quite beautiful. The air is still warm and the ocean water clean and blue. We are so lucky here to have a beautiful and benevolent natural environment. From time to time we get fires and floods but mostly it is very nice.

In this idyllic and relatively free environment it is easy to forget the struggles that people have to endure in some places; due to Mother Nature's responses to our own doings, and to our lack of empathy & compassion.

Since my military service in the French Air Force I have been interested in aviation. In the quarterly aviation magazine I receive, I recently read about the American F-35 jet. The F-35 currently costs \$36,000 per hour to fly, and it has a projected lifetime cost of \$1.7 trillion.

Now if we divide the cost of one of these planes by \$1000 (an average cost per water well dug and fitted), we could dig 1.7 million water wells around the world. This would alleviate so much human hardship, and improve people's health. Why are we not doing this?

It is not because our leaders are not educated. They are the most educated people, they have been to schools, universities. When I was at school my dad would receive my report card every month. If it was bad, I would get into trouble, and if repeatedly bad I could be expelled. If we had to have a report card for the conduct of our leaders, we would be horrified.

It is too late for the report card, so what can we do? I have to say that dowsing, intent and prayers are the only useful tools to use today. Not to punish anyone, but to open people's eyes and let them see that we are all the same. Behind the physical there is a person. A person who can feel pain and joy, and who has hopes for a better life, for fulfilment.

I know I often '*sing*' the same song, but there has never been a time when this was as critical as it is now. Can we all unite in our hearts and ask the infinite, or whatever you call it, for Clarity and Love? Yes! We can.

Until next time,

François

Blue Mountains Dowzers News

The next meeting of the Blue Mountains Dowzers is scheduled for Sunday 6th June, 2021, 2:00 pm at the Mavis Wood Hall, Mid Mountains Community Centre, 9 New Street, Lawson.

Below is the presenter.

Frank Henry's Work

With Guy Kramhoft

Frank Henry, now deceased, mentored and inspired Blaxland dowser Guy Kramhoft to experiment and extend his search for knowledge into different types of healing and uses of the pendulum.



In this interesting presentation, Guy acknowledges Frank's amazing innate healing abilities, sensitivity and humility, and shares how he was healed by Frank, how he developed his Healing Chart, and the tools and practical ways Frank used to diagnose and treat people in his shed at Vineyard. Frank's shed consisted of a diverse range of healing equipment and dynamic tools such as Edgar Cayce's impedance devices (measuring the opposition of an electrical current when voltage is applied), a Tesla wet cell battery, colour therapy room, vibrational and sound therapy, crystals and oils etc.

Guy intends to relocate the contents of the shed to his property in Blaxland and establish a working museum in honour of Frank which dowzers and other therapists can visit to inspire and extend their knowledge of this vast area of healing.

As a dowser Guy sees it as important to remember and recognise those who have gone before us and be open to practical and dynamic methods of healing.

Adventures with Spirit Entities

By Alfred Camilleri (one of our members)

Forty years ago I met a lady who became my dowsing teacher and friend. That was the start of amazing and fascinating experiences.

Whilst I had spent years pursuing spiritual growth it was not until I was introduced to Dowsing that, for me, spiritual development took a thrilling turn; with dowsing I knew I had finally discovered the key to uncontrolled, unlimited and conscious psychic development, it was a huge leap forward. Dowsing complimented and added to all I had spent years learning.

It is said the student does not find the teacher, but the teacher finds the student, thus it was my good fortune that an experienced teacher came my way.

Dowsing is a fascinating tool which provides unlimited potential to a greater mastery over mind and senses, especially to expand intuition; it is a guided gradual development of extra sensory faculties. It provides the ability to ask questions and receive answers, explore the known and unknown, in dowsing I found unlimited potential to expand on all the esoteric subjects I had become interested in. Dowsing was the start of my adventure.

For reasons I cannot recall, or by accident, I started using dowsing mainly for healing which eventually led me to removal of unwanted spirit entities, a path I still engage in, and a path that has been interesting, albeit difficult, but helpful to many. I do not advertise but will try to assist when requested or opportunities come my way. The process can be tiring and I am still in full time employment.

In spiritualism, the impingement on an individual by unwanted, and unfriendly, spirits is termed '*obsession*', whilst, the more common term

'*possession*' is used to refer to friendly entities such as guides who will overshadow an individual, for example during a channelling session. Friendly possession can also occur during meditation where many will feel the presence of guides, helpers and in some cases angels. Much depends on one's spiritual development and recognition of friendly entities willing to assist.

My dowsing healing methods were modified and extended to the more difficult area of spirit removal, AKA - exorcism; the needs for help were plentiful. These found me, however, I cannot remember a conscious decision to move into this area. My principal tools in these practices are dowsing methods, the pendulum and meditation.

Problems associated with unwanted spirit attachment are greatly underestimated, and unfortunately, usually unrecognised. My work and research revealed that children were unfortunately frequent victims; adults also, but for different reasons.

Dowsers that become aware of a change in behaviour in children, e.g., the occurrence of frequent nightmares or general naughty behaviour should concentrate on healing, repeatedly if necessary. If changes are observed one can be sure that entities are bothering the child. I have seen this often and found satisfactory results following healing. The process becomes more difficult and varied with adults, an interesting example will follow in this article.

Before proceeding any further, a word of caution and warning is required. This work is not for the novice in the field, thus not generally recommended; there are dangerous pitfalls. Of course a dowser could easily ask the question – "*May I, can I and should I*"? Otherwise this work requires many years of spiritual practices, especially with a strong bond and knowledge of one's spirit guides.

The practitioner needs to be fearless as entities will sometimes make an appearance, without fore warning. In extreme cases serious encounters

could be made on the astral plane, which can happen spontaneously.

There are many reasons why obsession will occur. Not all that 'pass-on' are of a good nature, a great number that pass-on can become mischievous or evil. A good reason to stop capital punishment is this releases criminal minds bent on revenge, into the spirit realm.

Fortunately many deceased will pass on smoothly, however many find themselves where they do not wish to be. Some will remain harmless but others will definitely have mischief, or worse, in mind.



Whilst help for transition is available and offered many will stubbornly, or ignorantly, refuse assistance. These beings are attracted to, and seek opportunities, like moths to a flame.

A great variety of reasons exist for refusing to see the light; an example of opportunities negative entities find are often naively, inadvertently offered; some but not all examples are:-

- Séances conducted by inexperienced or young individuals.
- Drunken or drug taking habits. (Evil entities wait at bars for the opportunity to jump in)
- Murder victims: sometimes, feel deprived of life thus will haunt previous associates.
- Sometimes by submission of a weak willed person who has been seduced by an evil entity. It might surprise you to know that sexual penetration is possible.
- By invitation from naïve mortals who believe they have met an important guide. 'Left leaning' entities are great tricksters who sometimes pretend to be other than who they really are.

And more..... The following is one example of my work:-

Years ago I was introduced to a youngish lady we will call Anne. Her previous partner, also young, had been murdered, stabbed to death in front of her and her children. Terrible, but worse was to come. The young man, we will call Sam, at the prime of his life, with a beautiful lover, refused to accept his situation and became determined to remain close to the lady as an entity. When Anne came to see me she was obsessed with intentions of suicide. There was an element of guilt so strong she has his name tattooed on her body, a convenient way for the entity to claim her as his own.

Several attempts at moving or using logic with the entity were mildly, but not permanently, successful; he was determined to stay, unbeknownst to her, to have her on his side. Through my efforts, at one point he left Anne only to start harassing her son who was also present at the murder scene.

The son's partner informed me the son started suffering from severe and violent nightmares every night. My investigations confirmed Sam's interference. My attempts at removing Sam were not welcomed by him; whilst I had helped stabilize Anne's emotional state I started being physically harassed by prodding, pinching and pushing keeping me awake at night. The problem was traced to Sam being unhappy I was interfering, trying to inhibit my efforts; I had stopped his destructive agenda and was being paid back.

There was a complication, I had a strong feeling Anne was involved in these annoyances, albeit innocently. When I found the opportunity, the question was presented to Anne, "*have you by any chance been thinking of Sam?*" Why? Yes, she replied, "*It is coming up to our anniversary!*" Great, thank you.

Not helpful under the circumstances. Then one night in bed, I suddenly found myself fully awake, but on the astral plane, in my bedroom, my body in bed asleep. Sam had grabbed me by the throat with evil inten-

tions, an interesting fight ensued, he did not win and eventually retreated. Good God, I do not even do this in real life, even after 40 years of martial arts.

A few weeks later, I was roused from sleep, again body in bed but very clearly recognizing the inside of the house. I was involved in a vigorous fight with a huge black nebulous cloud, like swirly smoke, entity not visible. There is no time for fear, these attacks have to be faced with no hesitation.

It was interesting to see other spirit entities in the sidelines watching the fight. As fast as the fracas had started it stopped, the black cloud changed to a polite young man in a suit.



Amazing, *'butter would not melt in his mouth,'* not that he had a mouth. Words were exchanged and he finally advised he was *'leaving'* the next day. I did not know that Anne had booked a medium to rid herself of the entity.

The medium was not successful, however, all was quiet for a long time, but it was not the end. I stopped having close contact with Anne for a while. One day, months later, Anne called to announce Sam has returned and she was being annoyed.

I decided to have a look at close quarters. In meditation I took myself, psychically, to Anne's house. A corridor dividing the house, kitchen on the left, lounge room on the right, me at the top of the corridor able to see whole house. The entity Sam, had taken up residence, was sitting on the sofa with his feet on the coffee table, arrogant and mocking me, determined to stay, especially as he thought Anne did not have my protection.

That night I added a new powerful element to my removal techniques. Removal methods require a preparatory period of meditation, approval to proceed follows, this is important.

Using established methods, previously used, I added a special invocation to '*Archangel Michael and his band of helpers*', to visit and remove this troublesome entity. The '*Band of Helpers*' come with a psychic net with which the entity is ensnared. I do not know the full procedure but found the Invocation to Archangel Michael powerful.

After waiting a couple of days, repeating the procedure, I took myself back to the house; found the entity outside the window initially begging to come in, but then it disappeared instead.

Just then, standing there at the top of the corridor, (psychically), in front of me an angel appeared. Angels will seldom show their faces, her back was to me, tall with a pretty gray gown, and whilst angels do not have wings, she showed herself with beautiful silver wings just to identify herself as an angel, a beautiful sight, indicating success. Over her right arm was a large bunch of gladiola flowers, Anne's favourite I found out later; The angel was walking towards Anne's bedroom.

Anne was freed permanently from the entity. She was mediumistic, and later confirmed her special relationship with an angel.

I have often wondered, also been asked..... Why are these events allowed to happen? Why is it that guides and helpers do not always intervene?

The little I was told suggests that in matters of healing or, as in this case – entity removal, guides can help but there needs to be a human channel for the process to be effective.

- Alfred Camilleri

(Ed:) Alfred is a member of the society and can be contacted at:
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Geopathic Stress and Cancer

*Reprinted from Nexus Magazine,
Sourced originally from 'Healing Cancer Naturally', 2004*

1929: In January, German scientist Baron Gustav von Pohl, a talented dowser who believed that Earth radiation affected tree growth, animal behaviour and human health, set out to prove officially that cancer deaths only occurred in people who had been sleeping in beds positioned above a powerful water vein (underground stream).



In collaboration with the Berlin Centre for Cancer Research, von Pohl dowsed and recorded his findings in the town of Vilsbiburg in southern Germany. Using his own Pohl scale of Earth radiation, the scientist mapped Earth energy lines in the town and compared them to the records of the district hospital.

It was found that every single one of the 48 recently recorded cancer deaths occurred in people who had been sleeping in beds standing exactly above one of the powerful water veins that von Pohl had mapped before seeing the medical records. The district physician, Dr Bernhuber, confirmed the accuracy of von Pohl's stated correlations.

1930: The Berlin Centre for Cancer Research accepted von Pohl's findings and published the information in its July journal positing that Earth radiation could be a causative factor in cancer.

Baron von Pohl wrote a book (Earth Currents as Pathogenic Agents for Illness and the Development of Cancer) on his work, and a number of German doctors began working with the material to help their patients.

1950s: German medical doctor Ernst Hartmann, MD, spent decades researching the phenomenon. He found that if people worked or slept over the meridians of Earth energy, they could suffer from heart attacks, insomnia, chronic asthma, migraines, backaches and cancers. He discovered that constantly disturbed and crying babies would settle immediately when their cot was moved.

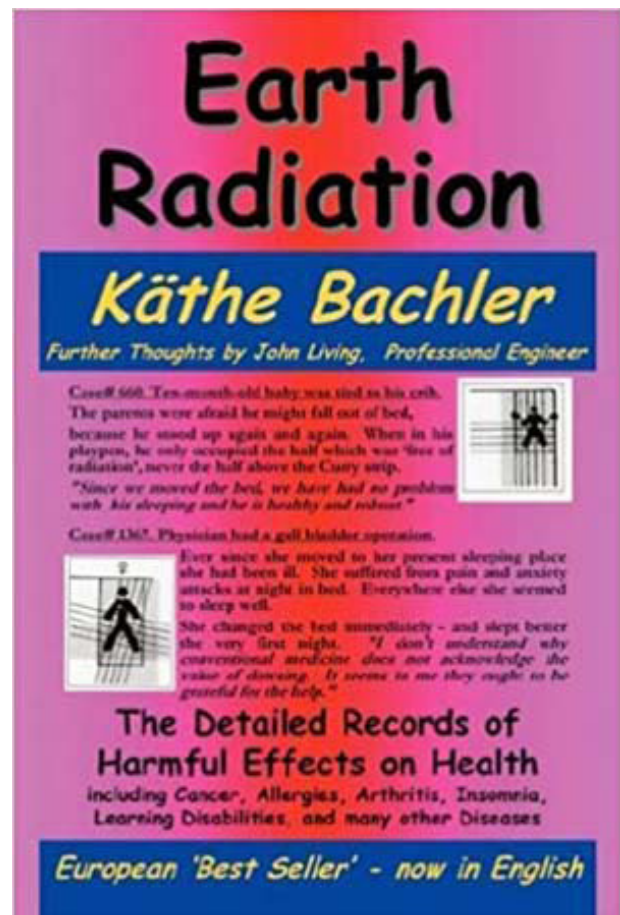
He also found that sleeping on a north-south line made people prone to cramps and rheumatism, and an east-west line made them prone to inflammation. But most notably, he documented three generations of a family who had all slept in the same bed in the same house where two 'Hartmann lines' intersected, and who had all died of stomach cancer.

Starting in 1953, Dr Hartmann published his observations on the connection between the incidence of unexplainable diseases and Earth radiation, recording his experiences from a medical viewpoint.

1970s: Austrian school teacher and dowser Kathe Bachler started one of the most extensive research projects into the Earth radiation phenomenon.

Working in collaboration with medical doctors, Bachler dowsed over 3,000 sleep and work places in 14 countries, interviewing 11,000 people. In next to all unexplainable cases, they found Earth rays to be the cause of the disease.

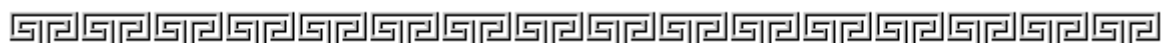
Not only did Bachler find that 95 per cent of the 'problem' children who she'd investigated slept in beds or worked at desks placed at harmful sites, but she also checked 500 cancer



cases: every person was found to be sleeping over harmful radiation.

1985: Veronica Carstens, MD, the wife of Karl Carstens, a former President of Germany, published a study stating that there were 700 cases documented worldwide in which terminally ill cancer patients regained their health without any conventional treatment after their sleeping area had been moved from a geopathic stress zone. All of these cancer patients had been ‘*given up on*’ by their doctors.

In recent times, we’ve come to recognise that uncleared non-beneficial energies and seemingly ‘*last straw*’ events and reactions to them - 18 to 24 months prior to diagnosis – can have a direct effect on people experiencing serious illnesses.



X Marks the Spot

By Suzy Keys, Australia

Reprinted from the British Society of Dowsers, April 2020

I live in a small block of 14 apartments, on the Cairns Esplanade in Far North Queensland. This year, the block has been plagued with water issues, the worst of which has had plumbers ‘*tearing their hair out*’ for months. When our water bills arrived in late 2012, they were double their normal amounts. After investigation into individual water usage, it was decided that there must be a leak in the system. A leak that was doubling the entire usage of the 14 apartments, together with the garden sprinkler system.

The ‘*hip pocket was hurting*’, and this motivated the residents to employ a plumber to spend a whole day looking for it. Well, that day turned into a week, and still no leak was found, despite the plumber, Wal’s, best efforts.

The apartments are 40 years old and there was no map of the plumbing system to be found. On the Monday morning I got chatting to Wal and asked him if he had dowsed for the pipes, but he replied “*Not yet*”. He said his father and grandfather were involved in colour therapy dowsing, but he didn’t have the gift.

I went inside and dug out my bent steel divining rods from my days at Castlemaine and Alanna’s workshops. They were covered in rust, indicating that they had not been used much, and that I was a bit rusty myself. I cleaned the rods and went outside to ‘*have a go*’. To my surprise Wal was in the car park with a pair of copper wires, bent into rods, and was also ‘*giving it a go*’.

I gave him mine and together we mapped out the layout of the pipes. It was truly amazing. Other neighbours and the chairman of the Body Corporate were watching from their upstairs windows and came down to find out what we were doing. Wal didn’t know that he could dowse so well, but now we had a plan.

It was time to dig down and find the ‘*joins*’, as he had figured out that the leak would most likely be at a join. We just hoped it wasn’t a join under the building, or the concrete car park. We had visions of the building collapsing into a giant sink hole, because the building is built on a sand dune, and the water was going straight down to the water table, making it harder to find, and possibly creating a huge cavern under the building.

But we did have a clue. About six weeks earlier, a ground floor resident got a surprise one morning, when water began seeping up through his kitchen floor. Wal had been summoned and isolated the apartment from the main system for a week, but it disappeared without a trace, leaving us all scratching our heads and wondering what on Earth was going on?

By Monday night, Wal was not happy. He didn’t like digging, and so far he couldn’t find water, although there were pipes where we had mapped, and some where we hadn’t looked. I printed out a plan of the building,

gave him my dowsing crystal and asked him to give map dowsing a go.

But the crystal wasn't interested. I suggested that I would send it to my friend Alanna Moore and see if she could find it. His boss called him off the job, saying they had come up with another plan of attack.

I called Alanna, who was busy with llamas, so I sent her an email with the plan of the building attached, then waited.



Alanna Moore

The next day, Wal spent the day digging up the garden until he had all the pipes to each apartment block exposed. He then cut each one, and inserted a shuttlecock, which would allow each pipe to be shut off from the rest of the system. The plan was to shut off each apartment and read the water meter to see if it stopped the flow, thereby identifying which apartment was on top of the leak, if it was indeed under the building.

For the next three days, Wal could be heard yelling and screaming as he searched in vain for pipes and joins. The garden looked like moles were living in it, as little piles of dirt and stones popped up everywhere. He found a leak near my ground floor apartment, but it was not the 'gusher' that we were looking for. We would all go out and give him encouragement and cups of tea, and stand around in the carpark trying to be helpful, wondering where and when it would all end.

By Friday morning we were focused on the resident's party and 'get together', which we were having that night, We're a pretty friendly bunch, a mixture of long-term renters and owners wrestling with the ongoing maintenance and compliance issues that beset apartment dwellers, and Body Corporates. It had been decided that a party was needed to boost morale.

Wal had turned the water off again, so I decided to check my email, and found one from Alanna that was two days old. How did I miss that? Alanna had sent back the plan with two crosses, marking where she thought the leak might be. One was near my building, which had already been found, and the other was outside the front patio of an empty apartment, whose residents were travelling around Europe for several months.

I went straight outside with my rods to where X marked the spot, and looked into the bushes where a garden sprinkler was located. I then walked round in front of their apartment and noticed that the sand was wet.



This was unusual, as the sprinklers had been turned off for a week and it hadn't been raining. I looked for a source and noticed that the artificial grass on their patio was soaked.

Mmmmm, it was beginning to look suspicious. Then I realised that there was water trickling from inside the building, so I fetched the next-door neighbour, as Wal had gone 'AWOL.' (AWOL -absent with-out leave) He said that it looked like the leak which he had observed coming up through his kitchen floor tiles a few weeks ago. Maybe it had moved next door to the empty apartment.

My upstairs neighbour, who had the key, was asleep. I banged on his door until he opened it, bleary eyed from the night before. He had been asked to caretake the place, so he soon woke up when I told him what we had found. We raced downstairs and unlocked the door and were confronted by water all over the floor, about an inch deep in the laundry and flowing towards the patio door. Was this our leak?

We rang Wal and turned off the water. The leak stopped. We pushed the

water out through the front door and put towels on the floor to keep it out of the carpeted bedrooms. Other residents turned up, and it was decided to wait for Wal to dismantle the laundry, to find the water pipes in the corner, where we thought the leak was coming from. However, after that was done, no leak was found. Now what?

We turned the water back on, and lay on the floor, ear to the ground. We heard water rushing into a hole under the floor, then suddenly water started oozing up from under the laundry sink cabinet, and running along the shiny white tiles, spreading like an incoming tide in the Kimberleys. Oops! It looked like we had found the leak and it was not good news for the owners.

Only two weeks previously, an apartment upstairs had sprung a leak and water had come down into the kitchen of the empty apartment, causing damage. Now the water was coming up through the floor, and the concrete slab under the laundry would have to be dug up. We don't know yet, what will be found underneath.

I had printed out Alanna's map with the two crosses and it was a source of amazement to everyone there, that someone almost 4000 kilometres away could find the leak, in a few minutes, which had eluded plumbers for months.

Champagne corks popped that night at the party. We had something to celebrate and it happened in such a freakish way, that we will never forget it. "*What does she do?*" asked 86-year-old Ann.

"*She's a Geomancer*" I replied. "*Is that something to do with the Earth?*" she asked, "*It's everything to do with the Earth*", I told her.

A lively discussion about the miracle continued into the night, toasts were made to Alanna, and we now wait to see what happens next.

Energy Flows Where Attention Goes

By Melanie Beckler

Reprinted from Dreamcatcher Reality, Dec 2020

“Energy flows where attention goes...”

Have you heard this saying before? It’s really so true. Your energy does flow in correspondence with your attention. This is true on a number of levels. The first of which is in terms of your awareness.

Awareness and Opening Your Heart

For example, let’s say you would like to open your heart. Opening your heart is an essential step on the path of awakening. Your heart is the centre of your multidimensional self, and when it is open, it empowers you to be able to tune into your higher vibrational experience. Your open heart is also the access point for the Angelic realms.

But so often, even if you have the desire to open your heart, your attention remains in your mind. If you approach opening your heart from the level of the mind, thinking thoughts like: “*What does opening my heart do? How do I open my heart? I don’t get how to open my heart?*”

Even though you’re thinking about opening your heart, all of your attention is in your mental body and your mind. Your attention is centred in your mind, and so your energy stays in your mind.

Alternately, if you release the need to know everything, choose to simply experience, let your attention drop from the level of your mind into your heart, and focus your attention on the light glowing in your heart, that is exactly what happens.

Attention on your heart allows your energy to flow into your heart centre, opening your heart. As you continue to focus on your heart, letting light glow within you, you can have an incredibly profound experience of activation and awakening.

Your heart is the entrance into the higher dimensional realms, it's the doorway allowing you to experience your Angels.

Flowing Energy Towards Places In Need Through Attention

The next example is using your attention, and therefore your energy to flow blessings of love and light towards events and places, and towards what you want to create.

Reading empowering material, listening to channelled meditations, and flowing your energy through attention towards what you would like to see more of in the world has a very real and profound effect.

On the other hand, watching the news and getting caught up in the headlines of some of the terrible things happening around the world brings no positive benefit into your life... It can also weigh you down energetically.

Have You Been Watching the News?

You probably want to turn that off and re-focus your attention and energy on something more positive and constructive.

But let's say you somehow heard about a tragic event occurring in the world. If you focus your attention on how terrible it is and on how sad you are, then energetically, you're wrapped up in that lower vibration.

This brings lower vibrational energy into your life. Then, you're also contributing a lower quality of energy to that event or area of the world.



Alternately, you have the choice to flow positive energy. Focus your attention on the event or part of the world that is experiencing challenge and open your heart. Ask your Angels, “*Help me flow positive light and energy towards this event.*” Flow the energy of love, of ‘*all is well.*’

Focus on the place in need of energetic balancing, from a place of love, and you can help to vibrationally shift the energy around the event, by returning to neutrality.

You Create Your Reality

Finally, where you focus your awareness, plays a key role in what you're manifesting in your life. If you're focusing on what you're worried about, what you don't want and don't like, you're actually vibrationally drawing more of this energy into your experience. This is why it's so important to stay focused on your highest intentions.



Stay positively focused and optimistic about what you're creating in your life because this helps bring you into alignment with it. You energetically infuse your intentions through awareness.

A lot of the teachings on the law of attraction are missing a huge piece of the puzzle: your energy. It's not just your thoughts, but also your emotions, beliefs, attitudes, and actions that create your life experience.

Just thinking about something is a good start, but then really feel what it would be like to have that manifest in your life, believe it can be so, and take steps as if it's already been created.

If you want to be a financially abundant, successful entrepreneur, start acting like one. Entrepreneurs don't just sit back and wait to win the lottery. They're actively taking steps to build their business and to bring value to the world. Believe you can do it, think positively about it, feel as if you've already created it, and take action. This allows your attention to flow towards what you want and then your energy follows, infusing it with positivity and magnetizing it into your life.

Consciously Focus Your Attention From The Present Moment

A key to taking control of your energy, is choosing to stay fully focused in the present moment. This is sometimes called mindfulness. It's so important to stay present in the moment because, when you're present in the moment, you can then choose to positively flow energy towards what you want through your attention.

Part of this is taking back the energy you've been flowing toward your past and known future. Even just mentally running the scripts of, "I need to go to the grocery store today and then Janet's going to come by and then I need to check my email and then I'm going to have a lunch," keep you from the present moment.

All of those things are going to take care of themselves. Really, stay present so that instead of flowing your attention towards things that are known, towards things that are going to happen anyway, you can be present with your heart open and your energy receptive to programming.

Your power is in the present moment, so instead of scripting about these things that you know are going to happen and re-strengthening that pattern, focus on the overarching intention for what you really want. Identify your highest intention. *"I'm magnetizing abundance. I'm creating world peace. I'm rippling out divine love and presence, acting as a divine pillar of creation, and flowing positive energy into the world."*

You probably don't really care or need to devote all of this energy towards what you're going to wear to work tomorrow. Let that take care of itself in the moment. In this moment, stay present, stay open, and consciously flow your attention towards your highest intentions. Your energy will follow, magnetizing what you want into your life.

Remember... Where attention goes, energy flows

Choose to focus your attention on things that are empowering, supportive and in alignment with what you really want to manifest.

With love and light,

-Melanie

The Meaning and Living a Good Life

By Raymon Grace,

Reprinted from Excellence Reporter, November 2017

Raymon Grace: It is my opinion that we arrived on planet Earth, third rock from the sun, for a reason. History shows those before us did not make the best choices to keep the earth clean and healthy. The water and air have been polluted, the trees cut down and it appears the earth is dying.

Since this is the only earth we have, we need to learn from the mistakes of the past and do what we can to improve the earth for our descendants.

Seems throughout history, people have spent most of their time trying to kill each other and destroy the earth. All this energy and resources could have been put to better use.

Over 30 years ago, realizing the shortage of drinkable water on earth, it occurred to me someone needed to do something since nothing lives without water. I volunteered and started working to clean up as much water as possible, and teach others how to do this. So far this work has reached 142 countries.

Anytime we do something to improve the earth and make life better for our families, friends and fellow humans, we are giving purpose to our life. A life without purpose is a wasted life. Life and time are too valuable to waste because both are in limited supply and we can't buy any more.

What does it take to improve conditions on earth? Not all that much, Respect for the earth and its creatures and fellow humans. It is reported that a fellow called Jesus said something like this. *'Treat others as you would have them treat you'*.

I would add, *'Take responsibility for your life, use your mind, hands and talents to improve the world around you. The world does not owe you a life of*

comfort and ease without working for it. Work and accomplishment gives one pride and confidence in themselves. Pride is not as bad as religion has said and humility has been highly over-rated.

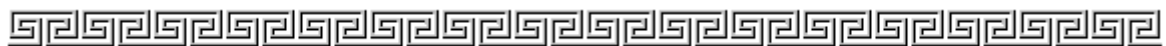
These suggestions would eliminate war, crime, abuse, starvation and the social ills of the world. Do something beneficial every day instead of something destructive.

Also, when making decisions concerning the earth, consider the next 7 generations. Make decisions that give your children and all your descendants a better world to live in.

At the end of the day, being able to look back and know that our time was spent to improve the lives of those we came in contact with, enlighten ourselves and improve the earth, is a good day.

At the end of life, for those who knew us to say, *'The world is better because he / she lived'*, is a good life.

-Raymon



Dowsing Protocol - Freshwater Fish

From Francine Lemessenger

A World Wildlife Fund International (WWF) report released in February 2021 highlighted how one third of the world's freshwater fish face extinction if humanity does not change its ways.

WWF global freshwater lead Stuart Orr explained that:



“Nowhere is the world’s nature crisis more acute than in our rivers, lakes, and wetlands, and the clearest indicator of the damage we are doing is the rapid decline in freshwater fish populations. They are the aquatic version of the canary in the coalmine, and we must heed the warning.”

In light of the report, I would like to take this opportunity to introduce a dowsing protocol paying respect to the ‘*dazzling diversity*’ of freshwater fish and their importance to food security, jobs, and ecosystems.

Deliberately start your pendulum in a counter clockwise or ‘*No*’ direction. Scrambling all non-beneficial frequencies pushing freshwater fish populations to the brink such as habitat degradation, poorly planned hydropower, pollution, over-abstraction of water, unsustainable sand mining, the introduction of invasive non-native species, wildlife crime and climate change. (When pendulum stops then -)

Deliberately start your pendulum in a clockwise or ‘*Yes*’ direction.

Transforming the energy for the most beneficial outcome for freshwater fish populations to thrive in natural free-flowing rivers with improved water quality in freshwater ecosystems and critical habitats protected.

Bringing in proper controls to end over-fishing and unsustainable sand mining in rivers and lakes, removing obsolete dams and preventing invasions of non-native species.

Bringing in the spirits of love and gratitude, peace, calm and respect to work with Mother Earth and the Nature Spirits for the highest good of all. This as safe and appropriate, from now and into the future across all time, dimensions, space and reality.

Thank you to the dowsing system and the energy that moves in all things.

~ Francine

Francine is a member of our society and can be contacted on:
franlemessenger@gmail.com



Library News

We have two books by Bill Cox who was a renowned dowser in the 70's.

Book reviews:

‘Techniques of Pendulum Dowsing’ and ‘Techniques of Swing Rod Dowsing.’

Both covers have the same information: Dowsers, with the aid of their sub-conscious mind and a suitable device, can gain information beyond the logical, reasoning mind.

Locate underground water, springs, mines. Find missing persons, pets. Find and date ruins and buried art if artefacts. Test soil and planting areas, and the purity and quality of food and liquids.

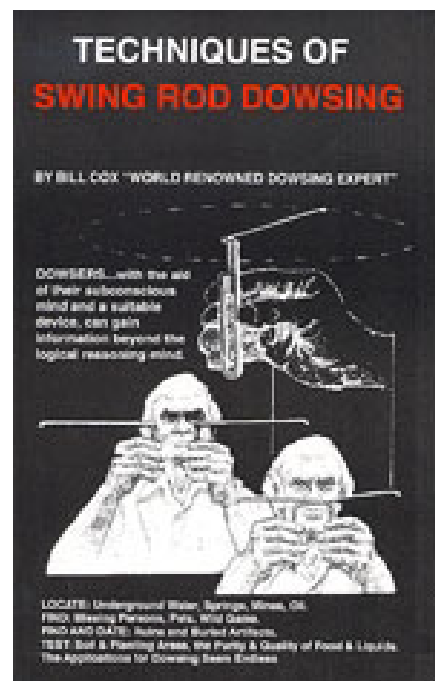
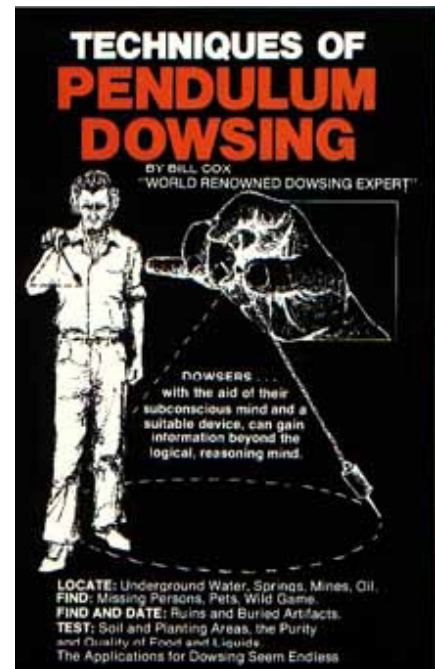
Library Catalogue

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There are various ways to view the books, from image to list form, and you can search for something in particular.

-Helen



Speaker for June 20th, 2021

Anya Petrovic

- Tesla Metamorphosis -

Anya Petrovic, the founder of Tesla Metamorphosis, internationally recognised teacher, healer and author, will give a presentation with live demonstrations of healing.

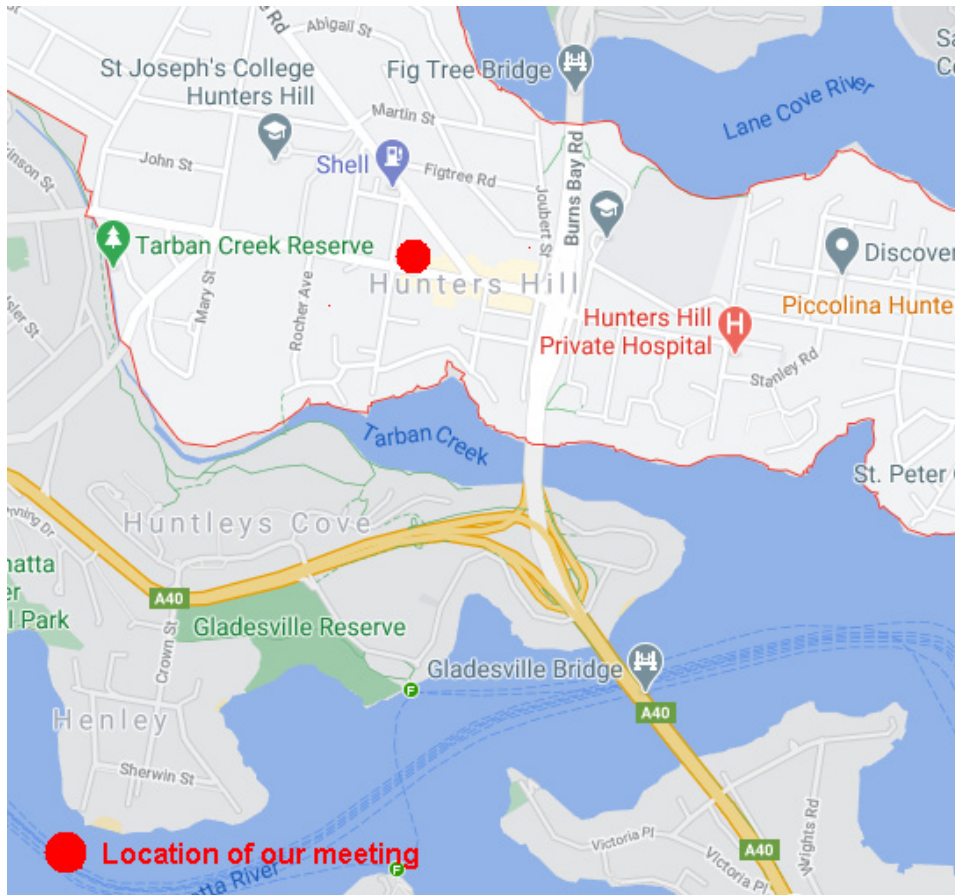


Tesla Metamorphosis® is a healing modality which attracts great interest because of miraculous healing results, the effect of Tesla Waves on the evolution of human consciousness, and some idiosyncratic phenomena connected to this work.

Tesla Waves are unique to this profound healing modality. Participants will be able to learn how they, also, can harness the power that the legendary inventor, Nikola Tesla, worked with.

In the quest to understand miracles, Anya's book '*Tesla Metamorphosis: Heal and Evolve*' reveals new knowledge. The answers are found in pioneering scientific research, and also in ancient wisdom, merging science and spirituality. The subject of this book is expanded to understanding the holistic medicine in general. The spirit of Nikola Tesla is imbued throughout this book, giving it a new dimension. Book signing is available after the presentation.

Anya explains: "*This story is real. I live this story. It awakened a curious child in me again. This all started like a fairy tale, the fairy tale which was later scientifically confirmed.*"



Date of Meetings

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

Bus Services: Transport Enquiries: 131 500

- 1. from City Town Hall, Bus # 506 goes from Town Hall House, Druitt St, Stand L, to Gladesville Rd, cnr of Pitt St, Hunters Hill;*
- 2. from Circular Quay, Bus # 506 to Gladesville, corner of Ryde Road, Hunters Hill;*
- 3. from City Station, Central to Rozelle, Bus # 501, then # 506 to Hunters Hill;*
- 4. from Chatswood, Bus # 536 goes to Hunters Hill .*

Please arrive at the meeting early so as not to disturb
and be seated by 2:00 pm

Website address: www.dowsingaustralia.com