

Dowsers Society of NSW Inc.

Newsletter

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Views expressed in articles herein and by the monthly speakers, are the opinion of the individual author only, not necessarily the collective view of the Society.

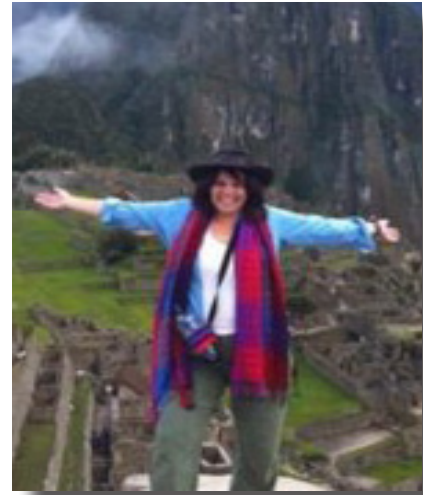
Speaker for September 17th, 2023

- Clearing Dark Energy Using Light -

Patricia Rose

Patricia has been propelled into clearing dark energies, due to the house she was living in, and the beings that were attracted to it.

Through much reading, assistance from other energy workers, trialling techniques and trusting her psychic abilities, she removes dark energies from interfering with people and places.



In this talk she will share her journey infused with spirituality and compassion. She will unpack some workings of dark beings who use fear/anger to create chaos/disharmony/conflict, and how to program your pendulum to indicate the presence of these beings and entities.

Specifically, you will learn how to remotely clear geopathic stress which can lower vibrations; how to dowse the polarity of energy beings (including ghosts and spirits) and how to send them all to the light.

The commands and divine connections shown will protect and empower you, other lightworkers, and all of us who can use our dowsing to brighten the world.

It will be a practical session, so please bring your pendulum.

Contrary to previously mentioned, this presentation will be at the hall in Hunters Hill, (our usual meeting location)

From the Editor

I was recently sitting by the sea, watching the ebb and flow of waves lapping the rocks below me. Facing the sun, with my eyes half closed, the light reflected on the moving water was breaking in myriads of diamond shaped lights upon the water. For a moment I lost sight of my surroundings, and entered a world of iridescent play of light and shadows. I felt so alive, no worries, no past, no future, just now. What a lovely feeling. I felt grateful to be alive.

The planet we live on is so beautiful. It is made with just the right mixture of oxygen and water to support our life for our allotted time till we have to go. At times life feels so precious. I was reminded of this yesterday when I learned of my ex-mother-in-law's passing at 101 years of age.

One hundred and one years is 36,865 days. When you put it that way, it is not terribly much. If you had a dollar for each day, you could hardly afford a new decent car, and that is if you lived to 101 years old, which most of us may not reach. Yet, most of the time I lose sight of the preciousness of the day, immersed as I am in work, worries, commitments and so on.

How to pay more attention to life? We need to be constantly reminded, maybe the article on page 12 will help.

Years back, I attended a dowsing course with Alicja Aratyn in Vermont, in the USA. She was a very good and thorough teacher. So I am very happy to include an article from her on page 4, called the 10 Commandments for Every Dowser. A lot of really good professional advice.

Healing is also an important subject. On page 18, you can find why some healings may be short term.

We actually have our own Healing group headed by Sally Lamont. Her contact details are on page 27. Please do not hesitate to contact her if you can help, join the group, or if you know someone in need of help.

Until next time,

François

Ten Commandments for Every Dowser

By Alicja Aratyn

Reprinted from the American Society of Dowsters, Spring 2017

Dowsing has been the focus of my life for years, and for years I have been teaching it all over the world. Sometimes I am asked if it is not boring to repeat this same information so many times. I always say it's not, because every group creates different energy.



This same knowledge is passed to them in slightly different ways. It is very interesting to observe myself describing the basics in a new way, watching my students absorbing the knowledge. Suddenly, faces lighten, smiles appear, and eyes glisten. That's the moment that makes my day.

Some years ago, I attended a course on money management given by a young millionaire. He began by sharing his thoughts and memories about beginning his financial adventure. One day he finally found the courage to ask one of his mentors when he would learn all those secrets about making big money.

The mentor kept insisting that he must learn more about basics first. "*When do you think I will know enough to be able to go further than basics?*" he then inquired. The mentor replied, "*When after hearing the basics, again you ask, 'Tell me more, please!'*" We cannot overestimate the value of basics. The more we know about them, the deeper understanding of them we gain, and the more fascinating and important they become.

We all want to know the secrets of how to be better, know more, and increase our dowsing abilities. Do we know enough about basics? Are they engraved in our subconscious to the point that, regardless of circumstances, we follow them instinctively? Do we review the basics so they

stay fresh in our minds? Then we are ready for more advanced instruction.

The following are my Ten Commandments for a responsible, accurate dowsing practice.

1. Work Only in a Clear Environment

Always clear yourself first. You cannot check anything and presume you will get a proper answer if you are not clear. Avoid asking your tool, “*Am I clear?*” There is no tool that will communicate correctly with an energy field that is not clear. You may get a misleading answer. If you should have an attachment – any type of foreign and incompatible energy that attaches itself to the energy field of a person or object – it may turn your pendulum in a “*Yes*” direction because it does not want to be removed.

Therefore, clear yourself before you begin to ask any questions. Only when you are personally cleared can you check the clarity of other objects, people, and ideas.

Your ability to dowse correctly is also very much influenced by your surroundings. If the room you work in is not clean on a physical level, then you will get unfocused easily. Clean your workspace first. Physical mess is not your ally. Energetically speaking, your workspace should also be cleared.

You might have thought forms, entities, vibrations of global grids, or attachments. (For some people attachments and entities mean the same, but they are not: attachments may be alive or just disturbing pieces of energy, while entities are always active life forms from another dimension.)

As most of you know and use your own clearing methods, I will not discuss details here. You can use not only dowsing procedures, but also (separately or together) incenses, smudging, etc.

Clearing space before we begin a dowsing session may sound like a lot of work, but it always pays off. First, it will significantly decrease the length of your session. Second, your session will not tire you.

And third, it is easier to get in touch with other types of energy when your environment is clear. When you finish, clear your space again, as nobody wants leftovers of energy you worked on, and with, to clutter the environment.

The same applies to clearing your tools. Clear your pendulums (unless you work with therapeutic pendulums, which are based on sacred geometry and are self-clearing) or dowsing rods before and after your session. (There are no self-clearing dowsing rods.)

If you are working on many topics during one session, clear your tools between them. This way, you will not transfer the energy of the first issue to cloud your communication with higher dimensions about subsequent ones.

2. Dowse Always From a Wavelength

- If you dowse for someone else, you must first find his/her wavelength.
- If you dowse for medications or supplements (to check compatibility, find a dosage, etc.) check the wavelength of these specifics.

Even if you work on developing a concept or a new idea, remember: everything that exists in the universe, either on a material or an etheric level, operates on its own frequency, and you can find its wavelength by dowsing.

3. Dowse in an Alpha State

In alpha state, we feel like our brains are suspended. We all go through alpha state before falling asleep; our bodies are heavy and almost cannot move, while our minds seem sharp and alert. It is also the state we experi-

ence when we daydream or engage in light meditation (i.e., walking meditation). Our brains work then on 8-13 cycles per second. (The first alpha pattern was discovered in 1908 by Hans Berger, an Austrian psychiatrist.) While in alpha, we have no desires; however, we are very well connected to our intuitions.

It is a lot easier to receive proper answers in this state, instead of what we want to hear while in beta state (13-40 cycles per second).



The most popular way of reaching alpha state is to close your eyes, relax, and visualize the number 3. Say silently “3, 3, 3,” then erase this picture from your mind screen. The second step is to visualize the number 2 and repeat the same process. Do the same with the number 1. Your brain understands, and automatically decreases its vibrations.

4. Do Things Ritualistically

Acting ritualistically means doing things always the same way, in the same order, etc. Soon, your brain gets used to the process and understands the routine it needs to follow, thus adjusting all subtle bodies to cooperate with you automatically.

In my practice, I always clear and protect myself first, then the client, problem, or object I intend to focus on. After clearing, I proceed with creating a virtual protective shield around myself:

“Please create a shield of protection around me. Make it thick and solid enough so my session will be Fast, Effective, and Safe.” I always use those words in this same order. To do so, I remember “FES,” the first letters of these three adjectives: Fast, Effective, and Safe.

You may create a different ritual, but the bottom line is that when you use one, you will achieve your goals faster and easier. When you finish a session, clear yourself again.

5. Use Pre-Agreements

When I studied dowsing back in Europe we had to, at the very beginning of our dowsing training, make our own set of pre-agreements. Then we repeated them until they sank into our subconscious mind and things began to ‘*happen*’ by themselves. The very first pre-agreement I learned was, “*I become sensitive only and exclusively to the vibrations of (the name of the person, object, idea, concept, etc.). Let the presence of this vibration manifest itself by the movement of my pendulum (or dowsing rods).*” In this case, after I state my intention, the pendulum will move only when it connects with the frequency of that intention.

There are a lot of pre-agreements dowsers can create for themselves: how to walk, how to count, how to find the depth, etc. It is up to you how many pre-agreements you make. If you have your own set, though, you will find your work going a lot smoother and faster.

After some time, it is enough to think about the job you want to do, and your tool reacts to your desire and brings down compatible energy. For example, when I dowse houses I need only to say to myself, “*underground water,*” and my conscious and subconscious mind know that I am looking for “*underground water vibrations harmful to people.*”

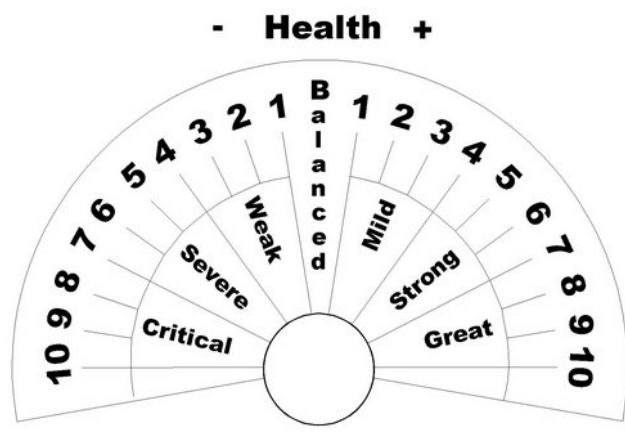
6. Choose the Right Dowsing Tools to Work With

After pondering how to approach the topic of your dowsing session, think what tools you might need to finish your work without interruptions. This way you will be focused and calm in alpha state. It is always better to have more tools and not use them than to have one missing.

Some of my students are surprised when I mention using more than one tool, since they always worked with just one pendulum. For example, if you work on health assessment and treatment, you will need very precise pendulums or a dowsing rod (depending on your habit and techniques you use) to assess health and/or the level of a condition. Afterward, you

will need other tools to do necessary clearing.

Some of us will also need some charts (or books of charts). You may also want some supplements to check their compatibility with your client's energy, etc.



Therapeutic pendulums are the best to balance health and address a problem. If you are a more advanced health practitioner, you may also need a Universal Pendulum to deal with Negative Green Vibration.

If you are not familiar with this term, please visit my website to learn more. Spread whatever dowsing and other tools you might need nicely in front of you, then begin and enjoy your work!

7. Analyse First, Then Dowse

We cannot underestimate the importance of staying focused! First of all create a whole, big picture. The rule of architecture comes in handy here – look at the whole picture first, then the details. The following questions may be helpful:

- What do I really want to know (end result)?
- What is the purpose of this session?
- How can I approach this problem? Find a few options and dowse, which one is the most appropriate.
- What questions should I ask in reference to the end result?

In which order?

Personally, I am not a big fan of charts, as they limit our perception of the problem to the options mentioned on the chart. I prefer when my mind

browses and wanders, so I let it go to other dimensions and bring new concepts. You may find this approach very interesting, stimulating, and educational.

In my practice I use charts only when I need to deal with a limited number of options and do not know them by heart, e.g., which vitamin to take, which aromatherapy or essence to use, what type of yoga will be the most beneficial, etc.

8. Never Presume, Always Check

Some dowsers presume that since they worked on something, it has been corrected; however, this does not always happen.

- Especially in environmental dowsing, always try go to the place you dowsed to confirm your results.
- In healing sessions – especially ones done remotely – do your best to meet with your client (if not face-to-face, then on Skype or over the phone) and ask questions. I know it takes more time and effort, but it pays off enormously with your dowsing/healing confidence and with rapport with your client.
- If after your healing session (presuming it has been done properly according to all above mentioned rules), your client's health does not improve at all, check their place.
- Often, when people live in energetically corrupted environments, regardless of how much healing has been done, it is counteracted by the harmful vibrations of the '*sick*' home. Checking and '*healing*' the house, may result in increased health level of your client even without additional healing sessions.

9. Lack of Information Is Your Blessing

Build a habit of not getting extensive information from and about your

client and their condition before the session. The less you know, the less your conscious mind is influenced by this information.

10. Before Dowsing, it is wise to check with yourself that you are willing to receive either a “Yes” or a “No” answer without fear. The way I was trained, if you do not get a response to your request it most often means that you may not have asked a clear question. Either it is multi-choice and must be broken down into individual “Yes/No” parts, or it is phrased in a way that cannot be answered with a simple “Yes/No” response.

Since a pendulum cannot argue with you, it cannot ask you to re-phrase your question; instead, it simply does nothing. It waits for you to think your problem over again and formulate it differently so you can get a clear answer.

In my life I have a very simple rule: when a question comes to my mind, I assume there is always an answer attached to it. If not, the question would not enter my conscious mind. The only case when I will not be able to get the answer is if I am afraid and subconsciously block my energy flow. But if I am afraid, why should I ask?

These ten rules, which I call my Ten Commandments, are basic for European dowsers. Though they may sound too technical for many North American dowsers, they follow natural laws that are also the rules of energy work.

They help you to simplify your work.

My motto for dowsing is: “*Simplify the complex. Do not complicate the simple.*”

Have fun, be successful, and dowse, dowse, dowse!



Attention

By Mary O'Malley

Reprinted from <https://maryomalley.com/2020/08/24/attention/>

I invite you into one of the most powerful healing tools you will ever have on your journey back into a trust filled connection with yourself and with life. And that tool is your ability to pay attention!



It is truly remarkable how much frustration can be avoided and how much peace and joy come from simply paying attention. Right now, both around you and inside of you, the greatest show on earth is happening and yet you rarely actually pay attention to it.

Maybe for a split-second your attention is here – you smell the new mown grass, or you hear the sound of a bird, or you receive a beautiful sunset – before it slips back into the thoughts in your mind.

If you doubt this, stop reading for a moment and really see something in the space you are in. See it as if you have never been on this planet before. How long did you keep your attention on that object? If you are like most people, it is just a matter of seconds before your attention goes to something else.

William James, considered to be the father of American psychology once said, “*The education of attention would be an education par excellence.*” But for most of us, we haven’t been educated about how to use the phenomenal tool of our attention and thus our muscle of attention is weak, following thoughts wherever they go.

One of the greatest gifts you can give to yourself is to strengthen the muscle of your attention – attention to life around you, attention to your

body and attention to the people in your life.

In order to connect more deeply with life in the present moment, would you be willing to give yourself the gift of five minutes a day where you sit quietly and bring your attention to the sounds around you – the bark of a dog, the air conditioner turning on, an airplane flying overhead, a gurgle in your stomach, the slamming of a door, a car going by? In these precious moments you are listening to the music of your life!

Now, don't make this a struggle between your thoughts and being present. For most of your life your attention has followed your thoughts wherever they go. So of course, your attention will drift back into thinking but don't judge that. Just simply bring your attention back to the sounds and every time you do, you will be strengthening the muscle of your attention. You will also begin to notice that there is a huge difference between being present for life and having your attention caught in the thoughts in your head.

We also don't pay attention to our bodies and yet they are a field of infinite wisdom and joy. Instead, we have mostly become '*heads*' walking around on top of our bodies. Now, there are good reasons for this. Most of us were thoroughly scared and shamed out of our bodies when we were young so, in learning how to live in our body we need to be patient and gentle.

One of the ways you can do this in a safe way is to bring your attention into your body after you wake up in the morning and are still snuggled in the safety of your bed. If this calls to you, find three distinctly different sensations – a tickle on your nose, a cold foot, a tightness in your back and simply acknowledge them. Every time you do, you take another step back into the unending joy and delight that comes from befriending your body.

We also don't pay attention to our friends and loved ones. When was the last time you saw, really saw, someone's face? Most of the time, we see our

thoughts about them rather than actually seeing them. What if, for a few moments today, whether it's a friend that you are talking with on zoom, a partner you are watching TV with, a child who is showing you their favorite toy, a grocery store clerk, you simply pause and really see them. See how their face is animated, see the different shapes and colors and the dance of shadow and light that are constantly changing on their face.

And most of the time we don't hear our friends and loved ones. We hear just the stories in our head. The next time you're in a conversation with somebody, invite yourself to suspend any of your own stories and listen, really listen to them. This can be harder than you think. It is so easy for us just to pay attention to our views and opinions, and then possibly interjecting them into a conversation.

But I assure you, one of the most powerful ways to bring healing into any relationship is to really listen to somebody else. You may totally disagree with what they are saying but magic happens when we are listened to, for we all long to be heard.

Of course, all of this is made so much easier when you learn how to pay attention to your thoughts and feelings rather than following them wherever they go. The more you watch what's going on inside of you, the less you take it personally and your thoughts and feelings become simply clouds passing through the spaciousness of your true being.

There are so many things in our lives that we have little or no choice around, but one of the most powerful choices you have in your life is what you are going to pay attention to.

So give yourself the gift of strengthening the muscle of your attention so that, rather than being caught in your stories about life with all of their reactions, judgments, struggles and opinions, you will know more and more the joy of being fully present for your own life!

Whale Healing Counsel

Lisa Fraser wrote this communication she received from whales, published in Species Link, The Journal of Interspecies Telepathic Communication, Issue 86, Spring 2012.

This morning I awoke early. It was still dark as I went out into the cold. I felt the magic of the waning full moon bathing my world in white light.

But so early? It was the whales. They wanted me to feel the moment and hear their message.

For many mornings now, I've been meditating. But as soon as I start, I hear the whales as they pass by my home. I've been on dolphin journeys and listened and taken in their love as I swam side-by-side with them.

But even though I live several hundred yards from the ocean, I've never heard the whales.

They had just journeyed through the debris headed our way from Japan (from the earthquake and tsunami). They were confused by it. They told me clearly, "*We must clean our Mother; she's all we have.*"

I saw the debris as the whales tried to navigate through the muck—lumber, cars, unidentifiable pieces of metal and wood.

They continue on. "*We hear the deafening sounds near your home. We can lose each other as we try and listen for each other's voices, even separated at times, but we move on towards our destination.*" This I saw rather than heard.



Animal communication doesn't always come to me in straightforward words. I see things. I feel them in my body. I hear words but watch and listen to the entire message.

The whales talk with me most mornings as I sit outside. They are teaching me that they are the memory keepers of the planet. They travel hundreds of miles each year for thousands of years to reach their destinations. Each year the journey becomes more perilous.

Each year they battle the sounds of more and more ships that travel the oceans and throw off their communication with each other. It's like trying to talk with someone with the TV blasting—loud and confusing. Yet, they seem to know where they are to meet up with their respective pods and move on.

This morning the message was for us humans—the ones who need to wake up. Their society long out-dates ours.

“We teach our young the world of the whales, as you teach your young the message of being human. But you have lost your way. It's not too late. You can each clear the Mother and make her whole again simply by feeling love in your heart space and passing it on.”

The other day I heard the beautiful laughter of a child swinging on a swing. The whales showed me that moment. *“That little child filled her heart space with joy and laughter. The energy she sent out from that laughter reached your whole community. Perhaps beyond. The humans didn't hear it, but they felt it.”*

“This is what you as humans must do. Each day, you must fill your heart space with love and joy. This will branch out to others. They too will feel it. It is the way to heal our Mother. Joy.”

They showed me the trees in my yard. The power of the winds they endure. The trees are dancing. They aren't being harmed by nature; they

love to dance in the winds and drink in the rains that fall to quench them. *“You humans hide in your dwellings, worry about the power of the winds. The trees are not afraid. They live on.”*



They showed me that when I am in nature, my heart space fills with joy. The love that my dog radiates through his heart from simply being with me on the beach is enough to heal a human who has forgotten.

“We, the whales, have very large hearts that send love when we are in joy. We send it around the planet, yet humans need to do their part, too. Humans need to feel joy, not despair, and send it out. It radiates. It is a powerful tool.”

It's so simple. All we need to do is feel love in our hearts, and it will cure another of their pain, whether they know it or not! This is how we can change our planet.

“Why do you think the message of ‘do what you love’ is so strong right now? It's because when we do what we love, we send love. And in that very action, we are healing our Mother.”

The moon continued its path across the skies as I listened and glowed with it. I felt the love the whales were sending and now I'm sending the message to you.

Are you practicing joy? Are you finding time in your hectic day to smile?

One smile can cure a village. It truly is this simple. Do what you love. Stay in your heart. And the whales will continue to send us their love. This is the simple start to curing Mother Earth.

~ Lisa Fraser

Why Some Healings are Short-Term

By Billie Cooper

Reprinted from ORI Journal V3, No 2, 1996

All healing requires faith. When we go to a doctor, we are going with the faith that the doctor or the medication prescribed will heal us.

When we pray for a person or perform healing work on someone, we are doing so under the assumption the person will be healed.



Most healers ask for a healing and truly desire it to occur. However, sometimes we can feel discouraged when it takes several 'asking's' before we see results. It is helpful to remember that in this case the subject may need to change parts of his or her life such as habits, diet or beliefs, and this process takes time.

The truth is this slower type of healing may be more permanent than one that occurs instantaneously. Our work may have set events into motion which will make healing possible.

If we understand, when the cause of the problem is left in place, the illness may return, it makes it easier to have patience with results that come slowly. And this is where we need to have faith in our work. We delay our good by checking to see if we are cured, instead of saying thanks and going forward knowing that healing has occurred.

One Thursday afternoon, I learned that my neighbour, had liver cancer and was to have surgery the next day. That same night, the Thursday Night Healing Group which meets at my home worked on him and we all felt very good about it. The next day the surgeon could find no cancer!

My neighbour came home and worked as if he were several years younger than his 80 years of age. Two years later he did develop liver cancer. This time, we could not get an 'OK' for the inner work on him, so we asked for divine guidance and divine order.

When I visited him in the hospital, no surgery has been performed. He said to me, "*My father died of liver cancer. I knew I would get it, too.*" He had literally manifested a second time, and in a few days died.

Most permanent feelings must be accepted with no looking back. No checking, no testing to see if we are OK. Worry is a form of praying for what we are really worrying about.

The healer with a good success rate usually:

- Spends a lot of time in meditation and prayer,
- Does not take credit if the person is healed,
- Does not take blame if the healing does not seem to occur,
- Does not blame the person being healed for lack of success,
- Asks for the will of the higher power, and accepts the results as that of the higher will, and gives thanks to the opportunity to help others.

Sometimes, we can be healed only to the degree that we are willing to accept the healing. Some people cannot accept complete healings because of their unconscious beliefs. They may be receiving benefits because they are ill, such as not having to do certain things, getting attention, avoiding responsibility, etc.

Sometimes if financial stability is provided for people who are ill, the healing would require them to create their own financial security. It may be helpful to suggest that they examine these beliefs, and to remind them that if they work on releasing their limiting beliefs, their healing could progress much faster.

Joanne became very ill with an incredible disease. Her husband, who was a builder of fine homes, had originally planned to build their own beautiful home in town, but instead he built her a specially designed home for her illness in the country. It was filled with love and concern for her every need.

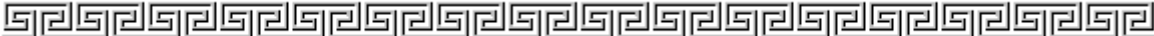
Soon after the home was completed, a cure was discovered for Joanne's illness. Suddenly, many other issues emerged. They had settled into a life which revolved around her being an invalid. Now that would change.

The income which came to them because of her illness would stop. The house he had so lovingly built and invested their savings into was no longer necessary. Healing meant great changes for both of them.

They addressed these issues together. She took the treatments, was healed and they moved into another home, slowly resuming the life they had once enjoyed.

When people receive disability income, they often find it very difficult to recover. Learn to look for hidden issues which may be affecting people's ability to heal or their commitment to healing.

Address unconscious beliefs promptly, this may be the factors which determine the speed at which the healing will occur.



Quote

Faith sees the invisible,
believes the unbelievable,
and receives the impossible.
- Corrie ten Boom

Building a New World from Scratch

Working in the Dream

By Aluna Joy

Reprinted from aluna@alunajoy.com

I had to build a new fence on my property to keep my fur family safe, as the old one was crumbling. This gave me an opportunity to build a fence to enclose much more garden space into my yard.



After the work was done and over the next months, I noticed my ‘furbies’ were not going into the new expanded space I provided for them. They were literally patrolling the yard on an invisible fence line that no longer exists. They were acting like the old fence was still there like some kind of invisible boundary.

I begin to realize this was a metaphor for our world and humanity. The old world is crumbling all around us. Because of this dissolving, vast new spaces, filled with unqualified pure potential (the creative force of the universe), are also being opened up to us. The new world is no longer ‘*somewhere over the rainbow*’, it is already present in our back yard. But, do we know how to expand ourselves to encompass this new space if we don’t even know what it is? Can we learn to live beyond our original boundaries without an ancestral foundation to anchor to?

On my recent trip to Scotland, I spent a good deal of time asking ‘*spirit*’ what the next step is, knowing that where humanity is standing today is dissolving right under our feet. I remember walking around these ancient stones feeling completely empty and yet filled with deep and peaceful neutrality. As I opened myself to tune in, I could not feel anything at all.

I was lost in a feeling that I was absolutely useless! This was quite shocking to me as I tend to feel absolutely everything.

I realize only now that I had received an answer to my question that day. I had entered the space beyond our normal fences, a place that was pure potential, a clean slate, filled with unqualified energy.



Literally there was nothing to feel here, because nothing had ever been here. There was no path out in front of me to connect to. There was no ancient ancestor pointing the way. And of course, my insecurity at not being able to feel anything that day was magnified tremendously in this clear void space.

So I have to ask myself, what if we quit doubting ourselves, or better yet, truly acknowledge who we truly are? What if the new Kingdom of Heaven could be laid out in front of us right now if we just enter as an innocent child with an open heart, free from ego, judgements or opinions?

Is this what it feels like to build a New World from scratch?

What if everything we feel, or know, or learned or have experienced in life has created little fences inside us. What happens when we step into a clean slate, a new vast uncharted territory that does not recognize or resonate with our old creations. What if nearly everything we know, everything we have learned, everything we have experienced is simply erased, or no longer applies, as we step into these new territories or new frequencies of the New World.

How much of our identity is caught up in what we think we know to be true? What if those things did not apply in the vast pristine areas we are

now entering. I can only imagine in this moment it could be a total loss of the self, at least the one we thought we were, and a profound merging with all that is. The divine ONE.

The Star Elders say that when we enter a new frequency, a new world or age, whatever we would like to label it, the laws of nature shift. These laws become more expanded, they have fewer restrictions, but they also have more responsibility. The Star Elders also share that anything that is out of alignment with these new laws of nature will not be sustainable in these new frequencies of the New World. The whole system is self-protected by frequency. We cannot fail.

So, I don't have a conclusion to this message, because we are in the beginning. We have now emptied ourselves of most things that no longer serve. We are stepping into new uncharted territory. This is the beginning that leads us into a new dream and where we together create a new world.

Love Donations are appreciated! <https://www.alunajoy.com/heartdonation.html>



Quote

If you don't design your own life plan,
chances are you'll fall into someone else's plan.
And guess what they have planned for you?
Not much!

- Jim Rohn

Change your thoughts
and you change your world.

- Norman Vincent Peale

Blue Mountains Dowzers News

The next meeting of the Blue Mountains Dowzers is scheduled for Sunday 8th October, 2023, 2:00 pm.

Address: The Lawson Mid Mountains Neighbourhood Centre,
9 New Street, Lawson.

The Essence of the Water Vibration (Continued)

- Guy Kramhoft -

Guy Kramhoft, a Blaxland therapist and experienced dowser, introduced members to his uniquely designed colour wheel at the June 2023 meeting of the Blue Mountains Dowzers.

Due to popular demand, Guy has been requested to return and continue outlining his research into the vibrations of water.



In this presentation Guy wishes to focus on the higher realms of colour which he had mentioned earlier on the lower half of his colour wheel. As his research is a '*work in progress*', Guy is encouraging members to participate with their ideas on how the higher wave frequencies beyond the Higher Violet colour can be used with the higher realms, and vice versa.

Please bring along your pendulum and Guy's colour chart if you still have it, but the latter is not necessary as Guy will be illustrating the results of his research on a whiteboard.

Mission Statement

The Dowsers Society of NSW Inc. aims to provide a forum for dowsers to meet and exchange ideas and experiences; to support and promote effective and responsible dowsing; and to provide education, training and information about dowsing and allied subjects.

Code of Ethical Conduct

The Dowsers Society of NSW Inc. supports, encourages and promotes dowsing in a manner consistent with the highest standards of personal integrity and behaviour.

We believe that dowsing activities should be practised with modesty and discretion when dealing with others; speak your truth quietly and clearly, but feel superior to none.

Dowse for the good of all, with honesty, truthfulness and respect, especially to those who may not share your beliefs. Keep an open mind and a willingness to learn.

We are all beginners.

Speaker for October 15th, 2023

- Hala Roberts -

- The Energy Enhancement System -

The Energy Enhancement System is a technology that generates multiple bio-active life enhancing energy fields, including scalar waves. These allow cell regeneration, improve immune function, provide relief from pain, detoxify the body, elevate moods, and assist in balancing right and left hemispheres of the brain.



Twenty five years ago after having some negatively charged experiences with the current medical approach, Hala started to research alternative and complementary medicines with emphasis in the world of metaphysics.

Hala's fascination with the world of Quantum Physics and Metaphysics led her to blend the two together for a higher purpose. I was then introduced to various healing modalities and have acquired qualifications in Theta Healing, Kinesiology, Matrix Energetics, Reconnective Healing and QHHT (Quantum Healing Hypnosis Technology).

These taught Hala how to connect with the subconscious and identify '*stressors*' in a client and energetically take them out of the host's energetic field to allow them to achieve a relaxed state and accelerate the healing process. As no two people are the same, so too are their solutions. Hala intuitively engages in the suitable energetic fields required for her client's needs.

Dowers Society of NSW Inc.

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Dowser-of-the-Year

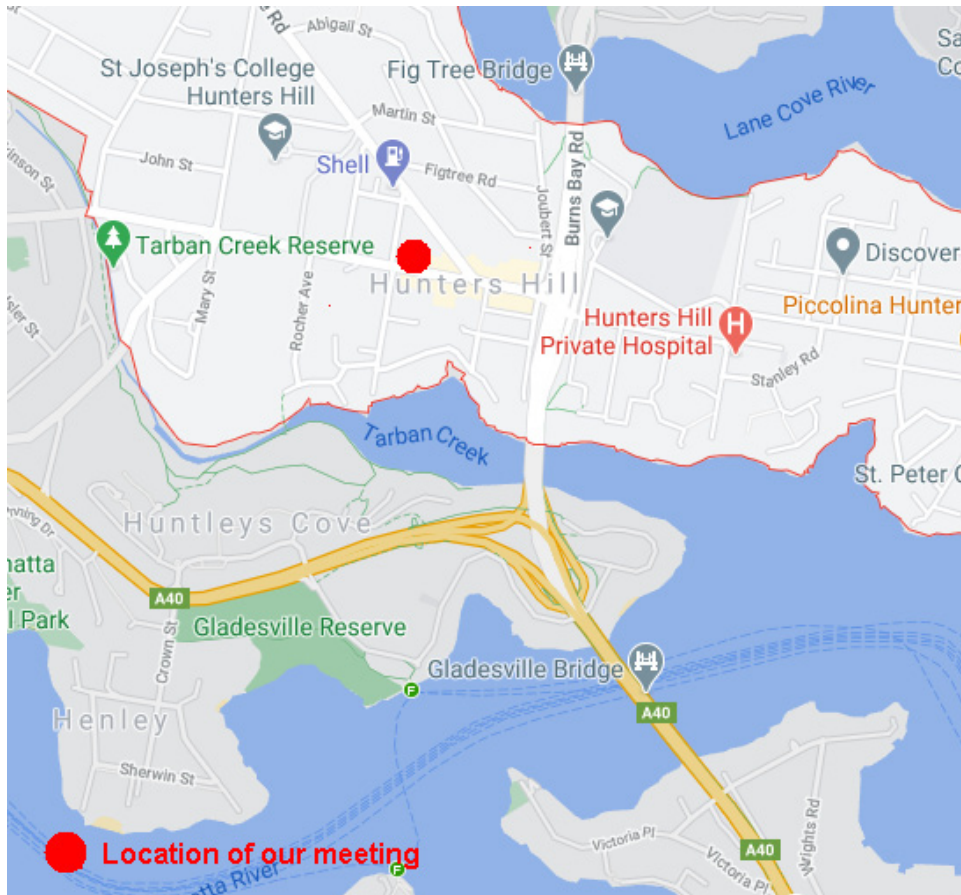
- 1997 Frank Henry (deceased)
- 1998 Esther Deans (deceased)
- 2003 Peter Ruehmkorff (deceased)
- 2005 Pauline Roberts
- 2006 Trevor Harding
- 2014 Maggie Lowe
- 2015 François Capmeil
- 2020 Robert Gourley
- 2023 Rai Heller (deceased)

Website address

www.dowsingaustralia.com

Facebook Group

<https://www.facebook.com/groups/1639531922791759/permalink/2130700580341555/>



Date of Meetings

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

Bus Services: Transport Enquiries: 131 500

1. *from City Town Hall, Bus # 506 goes from Town Hall House, Druitt St, Stand L, to Gladesville Rd, cnr of Pitt St, Hunters Hill;*
2. *from Circular Quay, Bus # 506 to Gladesville, corner of Ryde Road, Hunters Hill;*
3. *from City Station, Central to Rozelle, Bus # 501, then # 506 to Hunters Hill;*
4. *from Chatswood, Bus # 536 goes to Hunters Hill .*

Please arrive at the meeting early so as not to disturb
and be seated by 2:00 pm

Website address: www.dowsingaustralia.com