

Dowsers Society of NSW Inc.

Newsletter

August 2023

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Views expressed in articles herein and by the monthly speakers, are the opinion of the individual author only, not necessarily the collective view of the Society.

Dowsing Forum - August 20th, 2023

- Health and Rejuvenation for People & Pets -

- Chaired by Maggie Lowe -

Our August meeting will be a Forum, chaired by Maggie Lowe.

The theme will be Healing, Rejuvenation, and the use of sound for healing.

The forum will be a place for members to share how they use dowsing in conjunction with various healing modalities and practices.

Please come and share your successes with any physical or emotional challenges, and how you use dowsing to provide healthy solutions.

Our Society's membership includes many health practitioners and active dowsers, who regularly use dowsing to successfully manage health issues, and are willing to share their knowledge.

This is a great opportunity to learn about many different paths to health.

Pets, who are also members of your family, with their own needs, will be included.

We are a very inclusive group so don't be shy about sharing your story. You are amongst friends!



From the Editor

You must believe in coincidences! For a few months now, the articles coming my way have all had a common thread for the month. This month they mostly have to do with healing. Maybe the little angels who look over my shoulders when I compose the newsletter have a big smile on their faces, saying “*He finally got it!*” Well I just did!

I have to laugh too at their cheekiness!

Reading these articles myself, I realise that dowsing covers so many things. Each of us has our own approach and ways to use it for our benefit. I love to share my dowsing discoveries and hear others share theirs.

This is why I am so much looking forward to the next meeting, where we will have our Dowsing Forum.

Last year I learned a lot from it, so I would encourage everyone to attend if you want to share or learn more on how to use dowsing to enhance your daily life. I remember last time, just one small thing someone said clicked with me. That trick is still there, and I use it almost every day now. I will not tell you what it was, just come to the next meeting and find out for yourself. Maybe you will, like me, have one of these “*Aha*” moments.

Anyway, I hope that you enjoy the articles in this edition and make use of the suggestions, how to heal yourself, how honey water can help you (I will try that for myself actually, it does not cost much, and tastes good anyway).

So I look forward to seeing everyone on Sunday August 20th, to share my little successes and listen to everyone else’s little (or big) successes. Maggie is a great moderator, so it will be fun for everyone.

See you there!

Telesthetic Search for a Missing Daughter

By J. Gumpertz

Reprinted from the British Society of Dowsers, December 1958

When I returned to my home one day after a hard day's work, I found a strange woman waiting for me who appeared to be very worried and anxious. She told me that three days before her twenty-year-old daughter had disappeared without a trace. In the morning she had gone out to her work as usual. Her grandmother had accompanied her as far as the foot of the mountain, where they had parted company.

Since then no one had seen the girl. The police had made inquiries at all likely stations without result, and the mother had gone to the terminus of the steamship line on Lake Lugano to look for her. She, the mother, was afraid that the daughter might have done herself an injury.

A Mr. L., who had recommended her to me in a letter she showed me, had told her that I had helped other people in desperate cases and might help her now. The lady had brought me a photograph and a bit of a dress which the daughter had worn, as a sample, and after I had examined them with a pendulum I was able to say to the harassed mother, "*Look, the pendulum tells me that your daughter is still alive. Moreover, after she parted from her grandmother she did not go to her usual place of work which was in the Upper Town, but had gone to the boat station.*"

"*But,*" the mother said, "*I went to the other end of the route and she had not got off there.*"

I took the time table and held the pendulum over the name of the ship on which the missing girl might have travelled. Using mental concentration, I made out that the girl had embarked on the ship which leaves at 10 o'clock, and serves only half the route; this explained why the mother had waited at the terminus in vain. Holding the girl's photograph in my left hand and the pendulum in the right hand over the map, I told the

mother: “*You must seek your daughter at this point X and not at the end of the route.*” Looking very incredulous, but obviously relieved, the woman then left me.

Next evening she returned and at first glance I saw that she was full of joy and confidence.



“*What you told me yesterday is really true*” she said, overflowing with gratitude. “*I went this morning to the place you marked and I asked the man at the landing stage about my child. I showed him the photograph and he assured me that she had actually arrived by the 10 o'clock boat. Thereon I sought out the local pastor, who told me that my daughter had attended the service at 6 o'clock that morning. Luckily he knew where she was lodging.*”

Wisely the happy mother had sufficient self-control not to burst in on her daughter, but came to me for advice. “*I have not dared to come on her without warning. Also I am too excited, and fear that at my sudden and unexpected appearance she might do something rash, and so*”.

She asked, “*What do you advise me to do to get my daughter home?*” I advised the mother to go back to the pastor and tell him all the essential details confidentially. It was surely proper to ask him in his professional capacity for his mediation and to deal tactfully with the daughter.

Full of joy and hope the woman left me. Through the mediation of the pastor, mother and daughter were happily reconciled. Later on the grateful woman said to me: “*If you had not told by what route and in which boat my daughter had gone, I could not have found her again so easily and quickly.*”

For myself, I was glad that through my skill as a radiesthesist I had been able to perform this act of charity.

Remote Energetic Healing

By Anna Guerrier

Reprinted from the British Society of Dowzers - March 2019

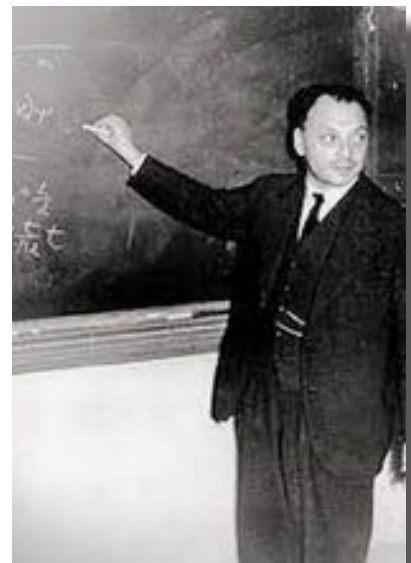
Whatever happened to one particle would thus immediately affect the other particle, wherever in the universe it may be. Einstein called this “*Spooky action at a distance.*”

Why is it we don't question the picture on our television screen beamed from a satellite in space into our sitting-room? We don't question our ability to send a photo from our mobile phone to the other side of the world. We feel cut off and lost when our internet connection goes down or our Wi-Fi router packs up. But do we ever question what this signal is or how it works? No!

So, why should people question the idea that the same type of wavelengths, energetic vibrations and frequency can be sent to help heal and rebalance people at a distance. But they do.

Of course, if Big Pharma could license it don't you think there would be expensive Internet Healing Cafes where you could tune in and receive healing on-line! But they can't license it and so instead the concept of distant healing is undermined. But don't be undermined, be confident, be healed . . . and people are. Despite not being in the same room, the same country or even the same hemisphere, people receive Absent or Remote Healing and are left speechless when from one day to the next they can feel a shift, a difference, an improvement, in short . . . they feel better.

Using dowsing protocols it is possible to make intrinsic differences to peoples' lives and there are scientific reasons why. To comprehend the



Wolfgang Pauli

possibility of long distance healing it is necessary to touch on the world of Quantum Theory.

Wolfgang Pauli's '*Exclusion Principle*' of 1925 states that pairs of subatomic particles, even when separated by considerable distances, can instantly 'know' what the other is doing. This phenomenon was reconstructed in 1997 when physicists at the University of Geneva sent photons (light carrying particles) seven miles in opposite directions and then demonstrated that by interfering with one created an immediate reaction in the other.

This type of behaviour has been named Quantum Entanglement and many experiments have been carried out with positive results, particularly with plants. (Read: '*The Secret Life of Plants*' Tompkins & Bird) More recent research and evidence has been documented by the likes of Dr Bruce Lipton in his book '*Biology of Belief*' and Lynne McTaggart in '*The Field*'; and as dowsers we are more open to these concepts than most.

However, just to clarify: the human body has its own electro-magnetic field, which works in much the same way as a radio or TV antennae. This means we are vibrating with our own personal frequency, creating a unique vibrational fingerprint or our own digital telephone number. Therefore a lock of hair or nail clipping, skin sample or blood spot will resonate with the vibration even when separated from the individual themselves.

Hair analysis is essentially the scrutiny of a hair sample. It can be the scientific examination of hair from a crime scene, or it can be hair taken from the back of your head and sent to a laboratory where it is checked for signs of health problems. It could also be a lock of hair sent to your energy medicine practitioner or dowser to analyse for energetic imbalances, and the resultant disease found in mind, body and spirit.

The scientific basis for hair analysis is simple: when new hair cells are

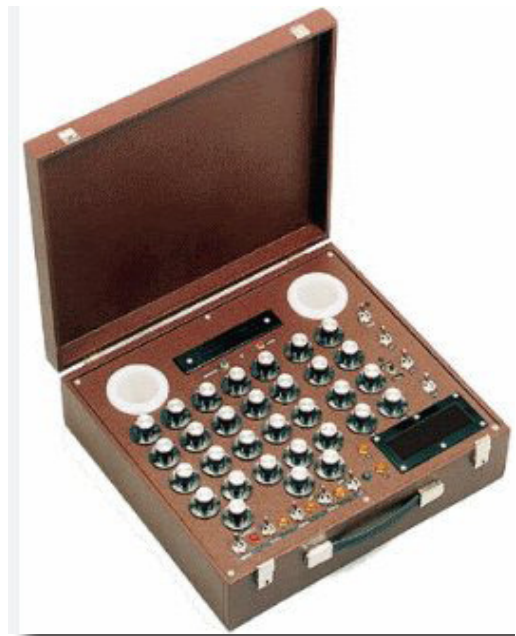
forming in the hair follicle, they take in traces of substances going through the blood stream of the individual. Besides the hair itself, the sebum that coats the hair (from the sebaceous gland connected to the hair follicle) also contains traces of the drugs and minerals flowing through your body. And if the root or the root sheath is attached to the hair, it also provides a deoxyribonucleic acid (DNA) record.

Add to this your vibrational fingerprint along with the theory of Quantum Entanglement (*'spooky action at a distance'* - Einstein), and the practice of using a lock of hair to act as an accurate representation of an individual becomes acceptable practice.

This representation, or *'witness'* as they are known, provides the opportunity for a practitioner adept in the practice of Radiesthesia (dowsing) or Radionics (see below) to diagnose and prescribe suitable remedies and practices (homeopathic, herbal, flower essences, Radionic rates, nutrition, functional medicine, etc.) without the patient being in the same room, the same country or even the same continent.

Radionics is an instrumental form of healing with the Radionic Computer. It originated with an American physician, Dr Albert Abrams (1863-1924) of San Francisco.

It continued to be developed in the last century by a number of dedicated researchers and exponents across the globe: Ruth Drown, George de la Warr, T. Galen, Hieronymus, Malcolm Rae and David Tansley amongst others.



A Radionic practitioner is able to tune into the patient via the *'witness'* with the Radionic Instrument, which is calibrated to measure energy frequencies. As with all holistic health care, Radionics looks at the whole body and its functions; careful analysis of each individual organ and sys-

tem is carried out to ascertain the root cause for the illness, or the imbalance within the patient's vibrational frequency. Once this has been detected it is possible to transmit '*rebalancing Radionic healing vibrations*' to the patient.

Equally a health dowser or energy healer tunes into the vibration of their client, often with a hair sample, although it could be a photograph, autograph or blood spot, before working through a range of protocols to discover root causes and the appropriate ways to rebalance them.

There are some well-known and respected proponents of these practices such as Susan Collins and Raymon Grace, who have much of their work accessible on the internet for us all to learn and benefit from.

Almost all diseases and illnesses treatable by western conventional medicine could be enhanced by vibrational or energy medicine. Within the world of complementary health there are numerous healing tools: Homeopathy, Spiritual Healing, Reiki, Kinesiology, Bach Flower Remedies, Crystal Healing.

Each of these and many others have their own way of working with the body's subtle energies and chakras, to bring about healing in all its many forms.

These therapies, work well alongside conventional medicine to enhance healing on all levels: physical, mental and spiritual. If we have a broken leg we need a medical doctor to '*set it*' for us, but that's not to say that a homeopathic remedy, flower remedies or other vibrational medicine wouldn't be of great additional benefit to stimulate our body's natural healing process.

Roll on the day when doctors and patients can all agree that: "*mine is not a better way, mine is just another way.*"

So, I have a Handicap

By Lee Ann Potter

Reprinted from The American Society of Dowser, Summer 2023

I was recently at a conference, participating at an ASD booth to help promote dowsing. A dowser came up to the booth and said she used to dowse, but no longer did because she was paralysed (she was in a wheelchair).



She thought because of limited mobility in her right arm, she wouldn't be able to dowse because she couldn't hold both of her L-rods. It was at this point that I took an L-rod and placed it on the table in front of her.

Then I put the other L-rod in her left hand. I had her ask a question that could give her a yes or no answer. When she asked, she got a "Yes" answer, which caused the L-rod in her left hand to cross the other L-rod that was stationary on the table. Then, a "No" answer to her next question caused the L-rods to separate. But, why?

Dowsing is about the detection of subtle energies associated with a target. It doesn't necessarily require the use of a tool. When working with subtle energies, it's your body that is interacting with the targeted energies—not necessarily the tool you're using.

For most people, a tool is used to provide a visual cue of what the detected energy is communicating. In the case of a person with paralysis, their own energies are not affected by the paralysis or other disability, even though their ability to get the cues from a tool may be impacted.

It's really more an issue of finding a different way to use a tool to provide that cue you're using. In this case, laying the tool on a table in a station-

ary position still enables the other L-rod to move in order to provide the answer. This type of dowsing only requires the two L-rods to cross; there is no requirement that they both be able to move.

What if the handicap was more extensive, such as paraplegic, quadriplegic or amputee? The degree of handicap has no effect on the ability to dowse; but, it might help to use a tool to properly assess the answer to questions. In any case, one need only place a tool in the immediate vicinity of the person—oriented properly with the shorter leg of the L-rod vertical.

The energy field of anybody extends away from the body (from inches to feet depending on the person), and that energy field will couple with the L-rod (or other tool that may be in use) to provide the information. The only true requirement is that the tools used must be capable of free movement.

The tools can be fastened to a wheelchair, an item of furniture, or anything else that would provide a stable means to hold it. For those who would choose not to use a tool, body dowsing could provide a viable means to gather information. But, for those who feel a need to use a tool, even a pendulum being held by the teeth can provide the input they seek by dowsing.

The only limitations are due to the limitations a person place on themselves. Having a handicap, any handicap, doesn't limit the ability of anyone to dowse. If you have a handicap, or know somebody with a handicap, and would like to dowse, please let us know. ASD has many great teachers who are willing to help.

Lee Ann Potter is the current Vice President of the American Society of Dowsters, and is a retired Engineer. She has used her ability to dowse to help detect and adjust the energy flows of people, places, and things for the last 30+ years

Self-Healing - My Cancer's Revelations

By Katy Goshtasbi

Reprinted from the Ozark Research institute, Spring 2023

“Those who are healed become the instruments of healing.” (ACIM, W-137.11:1)

We fled Iran back in 1979. I was six years old. We left religious persecution and moved to the Midwest. I always wanted to be a lawyer to save the world. Or so I thought. It turns out, I really wanted to be a lawyer to make my parents proud and, also, to be respected and loved as an immigrant.

I had sixteen amazing years as a securities lawyer, until the day when I woke up and realized that practicing law was not my life's purpose.

I came to discover that I, too, am a healer. Over the years, I have used my hands to heal - animals, myself, others. Spirit always shows up with instances so I can prove to myself that I can heal myself, when I heal my mind.

On March 19, 2020, I got Covid. It was just the beginning of the Pandemic. I felt a deep heaviness in my chest and back. I couldn't breathe. I checked in with my guides, and they informed me that I had called in Covid so I could prove to myself that I can heal myself. I was shocked. I did the only thing I knew how to do: I sat in meditation, entering the quantum field, that vast place of nothing and yet everything.

I was overcome by great love. I cried for 20 minutes in my meditation. When I finally opened my eyes, I had no symptoms of Covid. I was shocked... and maybe I wasn't shocked. Could self-healing be that easy?

Next came my breast cancer as a tool for me to heal myself. It was in this journey that I was led to ORI and for that I am grateful.

My breast cancer journey led me to many places. Feeling weak and useless wasn't one of them. Well, at first when I was diagnosed that's how I felt. Can't lie to you. BUT, as time went on, I chose to have a mastectomy and I really got to exploring who I am now, something super interesting happened.

I came to realize a few HUGE things about myself and about all of us human beings:

1. Asking for help is OK: I needed real help after my mastectomy. I mean, I couldn't even get out of bed at first. That was humbling. I couldn't shower by myself for a while, let alone drive. I came to realize that asking for help brings you closer to your world and your divinity. It wasn't easy at first. But I had no choice. Try it out.

2. Do what your heart desires: Not only is asking for help allowed, but doing what you desire is OK also. As I healed, I came to realize that I didn't want to (or need to) please others. When people would ask me to do something with them, I often responded with: *“Thanks for asking. I'll have to sit on that and think it over. Please make plans without me and if I do join, then that will be great.”*

I felt freedom and a deep emotional connection with the other person. No one ever walked away and got offended. Instead, they felt my deep presence, thought and regard for their invitation.

3. Vulnerability does not equal weakness: Most of us think that if we ask for help or say “No” then we are acting weak and exposing ourselves, thereby being vulnerable. I discovered just the opposite. The more I genuinely asked for help and did what my heart desired, the more powerful and strong I became. Amazingly, my strength and power started spreading to those around me, too.

4. I've got your back. I'm not your caretaker: During my recovery period, the more people I asked for help the more I realized there is a big

difference between supporting others and being there for them, versus waiting ‘*hand and foot*’ on others.

During my recovery, I often heard my husband say to me, “*I’m right here if you need me, but you’ve got to practice bending over and picking up your socks by yourself.*” He was encouraging me to move past my old limitations and practice getting stronger and more able. There’s a big difference between literally waiting ‘*hand and foot*’ on others versus making sure you are supported/supporting others.

It’s way harder to support and encourage, I’ve discovered. Why? Because I could see the pain and sadness on my husband’s face when he had to stop himself from doing what I needed to do for myself.

What does all this mean for you?

- Perhaps consider going through each of the four points above.
- Sit with each idea for 3 to 5 minutes in silence.
- What comes up for you? Resistance? Acknowledgement?
- What needs to change in your world, so you are acknowledging the healer in you, living your authentic brand, and sharing it with others personally and professionally?

If this content doesn't resonate with you, please consider sharing it with others who may benefit.

Much love,

-Katy

Katy Goshtasbi is a former securities lawyer, turned branding expert, turned healer and guide for those looking to easily and gracefully transition through changes in their lives. She lives in San Diego and travels globally conducting trainings, keynotes, and bringing her story of love and healing to others called to hear her message.

www.purisconsulting.com

The Healing Benefits of Drinking Honey Water

*By Angela Van Alten, Nutritionist & Beekeeper's Daughter
Reprinted from the Canadian Quester*

Drink Honey Water daily and completely revolutionize your health.

I've always believed that your health, whether it is good or bad, lies in your daily habits. Have you made it a habit to eat eight servings of vegetables per day? Do you take your vitamins daily? Or how about this; do you drink honey water daily? Honey water?

You might be wondering how and when drinking honey water became a mandatory health habit, but for me it started about one year ago. I began each day with a glass of unpasteurized honey dissolved in filtered water.



To say the results surprised me would be a dramatic understatement, and this habit is now part of my mandatory steps to make your health BeeProof. Not only was I healthier than ever, but my body simply performed at a higher level. Do this for one year and you just might change your health in ways you'd never have imagined.

I know I did. Here's why.

1. It Kills Viruses, Bacteria, Coughs & Colds

Drink honey water daily and there is a good chance you won't get sick. Ottawa University doctors found in tests that ordinary honey kills bacteria that cause sinus infections and does it better in most cases than antibiotics.

“It's astonishing,” researcher Joseph Marson said of bees' unexplained ability to combine the nectar of flowers into a seemingly potent medicine. It killed all floating bacteria in liquid, and 63 - 91% of biofilms - microorganisms that sometimes form a protective layer in sinus cavities, urinary tracts, catheters and heart valves, protecting bacteria from normal drug treatments and often leading to chronic infections.

The most effective antibiotic, rifampin, killed just 18% of the biofilm samples in the tests. In another study of 300 children with upper respiratory infections and coughs, it was found that a 10 gram serving of honey before bed significantly improved symptoms according to parents.

2. Improves Memory & Brain Function

I found that drinking Honey Water first thing and then having a cup of my Raw Honey and Curcumin Wonder Drink about midday kept my brain functioning at optimal levels. In one study involving postmenopausal women, those who received honey showed improvements in their immediate memory. In another study, the normal diet of rats was supplemented with honey, and their brain function was assessed over a one-year period.

The honey-fed rats showed significantly less anxiety and better spatial memory throughout all stages compared to the control group of rats. More importantly, the spatial memory of the honey-fed rats was significantly greater during the later months of the study, suggesting that honey was causing positive changes within the brain through neurogenesis (regeneration of brain cells).

3. It Reduces Stress

We all know chronic stress ages us and depresses our immune systems. We also aren't as happy when stressed. Finding foods that can lower the stress response in the body is important if health and longevity is one of your goals. Scientists in Malaysia set out to determine if honey supple-

mentation aids in the quest to reduce levels of the stress hormone cortisol. During this time, they stressed the rats out by exercising them hard enough to elevate cortisol levels. Over-exercising is one way to raise cortisol levels.

They then gave some of the rats the equivalent of 1 gram of honey per kilogram of body weight for eight weeks.

The other rats got nothing. What the researchers found was that the rats that received the honey supplementation, had significantly lower levels of cortisol than those rats that exercised but did not receive the honey.



4. Increase Weight Loss and Reduce Cholesterol

A study investigated the effect of raw honey on total cholesterol, LDL cholesterol, HDL cholesterol (your 'good' cholesterol), C-reactive protein (inflammatory marker), fasting blood glucose, and body fat. There were 55 overweight or obese patients in the study.

They were fed either 70 grams of sugar or 70 grams of raw honey for 30 days. Shockingly, the honey group experienced reductions in all of the measured categories.

Raw honey caused a mild reduction in body weight (1.3%) and body fat (1.1%). It also reduced total cholesterol by 3%, LDL by almost 6% and Fasting Blood Glucose by 4%, which is very positive if you have blood sugar issues. It gets even better. Inflammation was reduced by 3% while good cholesterol increased by 3.3%.

5. Balance Blood Sugar & Diabetes

If you eat a lot of carbohydrates, over time you will develop elevated blood sugar levels. Studies are now indicating that high blood sugar levels age us rapidly and lead to obesity, metabolic syndrome and diabetes. Un-

stable blood sugar also leads to blood sugar crashes, low energy levels and brain fog. Recently available data suggests that the "good bacteria" in our guts has something to do with how these conditions manifest. Recent findings are indeed linking gut flora as a potential contributor of obesity, insulin resistance, and diabetes.

Fortunately, unpasteurized honey contains the 'good bacteria' needed to support these gut flora. These findings also underline data that demonstrate the beneficial effects of oligosaccharides (special sugars found in honey) on various abnormalities commonly associated with these conditions.

6. Ulcers & Digestion

Your health, whether good or bad, starts in your gut. Honey has strongly linked to accelerated healing of wounds. Could honey help heal the gut? I know during the year of drinking honey water, I found my need to use digestive enzymes vanished. Scientists recently carried out a study to evaluate the effect of honey on the lining of the stomach in animals. Twenty male adult rats were used in the experiment.

The control group was fed a normal rat diet and water while the test group was fed honey water (1 ml of honey for every initial 10 ml of water for each rat daily) for twenty-two weeks. After twenty-two weeks, the rats were analysed. Amazingly, the analysis showed that honey significantly reduced ulcer scores in the test group compared with increased ulcer scores in animals fed rat food. Honey had begun healing the ulcers in the rats' guts.

7. Honey Contains Probiotics

You've likely heard of probiotics, right? They are one of the natural health industry's most popular and best-selling products. With all of the gut issues that people are experiencing today due to the overly processed diets most of us eat, we're having to swallow probiotics by the handful to try

and maintain our health. But perhaps we don't have to anymore? A recent study identified 32 different probiotic strains found in commercially available honey (acidophilus is the most common probiotic sold today). It turns out the secret to exceptional gut health just might lie in a teaspoon of raw honey each day.

8. You May Live Longer

Drinking honey water daily just might help you live longer according to a study in '*Current Aging Science*'. This was a small study so the results always have to be taken in context, but the study suggested that those who regularly consume honey live longer than those who don't.

This doesn't surprise me. When you take into consideration the many other studies done on raw honey, showing prevention or treatment of individual diseases such as cancer, diabetes and heart disease, the fact that the study showed a significant drop in all-cause mortality (the risk of dying from anything) during the 25-year follow up should not shock anyone.

How to Make Honey Water

Making honey water is extremely simple and takes only seconds to make. Plus, it tastes delicious.

Add one tablespoon of unpasteurized honey in a cup of warm (not hot) water and mix. You can also add some lemon juice and cinnamon powder to enhance the health benefits.

Honey Water should be consumed on an empty stomach for best results.

Angela Van Alten is a Registered Holistic Nutritionist and a Beekeeper's daughter. She grew up on the Dutchman's Gold bee farm in Ontario.

<https://dutchmansgold.com/>

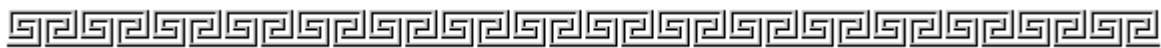
In Memoriam Gordon Willison



We recently lost a great and cheeky dowser! He was such a fascinating character with so many interests. I remember going to see him in Canberra at his invitation.

At the time he was working on some special new dowsing energy detectors. I was amazed at his skill with dowsing and his vast knowledge. He used to come to the monthly meeting by bus from Canberra. He would always bring his latest discovery, and freely share his knowledge and new designs.

Gordon was a kind and soft spoken man. He is best remembered as a gentle soul, a gifted dowser, and a brilliant dowsing researcher. We offer our condolences to his wife and family, we will miss him.



Quotes

Don't ask what the world needs.
Ask what makes you come alive, and go do it.
Because what the world needs
is people who have come alive.

-Howard Thurman

In the stillness of quiet, if we listen,
we can hear the whisper of the heart giving strength to weakness,
courage to fear, hope to despair.

- Howard Thurman -

The Sound of the Genuine

By Howard Thurman, Nov 30, 2017

From Howard Thurman's 1980 commencement address at Spelman College.

There is something in every one of you that waits, listens for the sound of the genuine in yourself and if you cannot hear it, you will never find whatever it is for which you are searching, and if you hear it and then do not follow it, it was better that you had never been born...



You are the only you that has ever lived; your idiom is the only idiom of its kind in all of existence, and if you cannot hear the sound of the genuine in you, you will all of your life spend your days on the ends of strings that somebody else pulls...

There is in you something that waits and listens for the sound of the genuine in yourself, and sometimes there is so much traffic going on in your minds, so many different kinds of signals, so many vast impulses floating through your organism that go back thousands of generations, long before you were even a thought in the mind of creation, and you are buffeted by these, and in the midst of all of this you have got to find out what your name is. Who are you? How does the sound of the genuine come through to you...

The sound of the genuine is flowing through you. Don't be deceived and thrown off by all the noises that are a part even of your dreams, your ambitions, so that you don't hear the sound of the genuine in you, because that is the only true guide that you will ever have, and if you don't have that you don't have a thing.

You may be famous. You may be whatever the other ideals are which are a part of this generation, but you know you don't have the foggiest no-

tion of who you are, where you are going, what you want. Cultivate the discipline of listening to the sound of the genuine in yourself.

Now there is something in everybody that waits and listens for the sound of the genuine in other people. And it is so easy to say that anybody who looks like him or her, anybody who acts as this person acts, can't hear any sound of the genuine. I must wait and listen for the sound of the genuine in you. I must wait. For if I cannot hear it, then in my scheme of things, you are not even present. And everybody wants to feel that everybody else knows that he/she is there.

I have a blind friend who just became blind after she was a grown woman. I asked her: "*What is the greatest disaster that your blindness has brought to you?*" She said, "*When I go places where there are people, I have a feeling that nobody knows that I'm here. I can't see any recognition, I can't see... and if nobody knows that I'm here, it's hard for me to know where I am.*"

There is something that waits and listens for the sound of the genuine in your mother, in your father, in the people you can't stand, and if you had the power you would wipe them out. But instinctively you know that if you wipe them out, you go with them. So you fight for your own life by finding some way to get along with them without killing them.

There is something in you that waits and listens for the sound of the genuine in other people. And if you can't hear it, then you are reduced by that much. If I were to ask you what is the thing that you desire most in life this afternoon, you would say a lot of things off the top of your head, most of which you wouldn't believe, but you would think that you were saying the things that I thought you ought to think that you should say.

But I think that if you were stripped to whatever there is in you that is literal and irreducible, and you tried to answer that question, the answer may be something like this: I want to feel that I am thoroughly and completely understood, so that now and then I can take my guard down and look out around me and not feel that I will be destroyed with my de-

fences down. I want to feel completely vulnerable, completely naked, completely exposed and absolutely secure.

This is what you look for in your children when you have them, this is what you look for in your husband if you get one. That I can run the risk of radical exposure and know that the eye that beholds my vulnerability will not step on me. That I can feel secure in my awareness of the active presence of my own idiom in me.



Howard Thurman

So as I live my life then, this is what I am trying to fulfil. It doesn't matter whether I become a doctor, lawyer, housewife. I'm secure because I hear the sound of the genuine in myself and having learned to listen to that, I can become quiet enough, still enough, to hear the sound of the genuine in you.

Now if I hear the sound of the genuine in me, and if you hear the sound of the genuine in you, it is possible for me to go down in me and come up in you. So that when I look at myself through your eyes having made that pilgrimage, I see in me what you see in me and the wall that separates and divides will disappear, and we will become one because the sound of the genuine makes the same music.

You can access the full text of Thurman's address at:

<https://uindy.edu/eip/>

Howard Thurman (November 18, 1899 – April 10, 1981) was an influential African American author, philosopher, theologian, educator and civil rights leader. He was Dean of Chapel at Howard University and Boston University for more than two decades, wrote 21 books, and in 1944 helped found a multicultural church. Thurman, along with Mordecai Johnson and Vernon Johns, was considered one of the three greatest African-American preachers in the early 20th-century.

Blue Mountains Dowzers News

The next meeting of the Blue Mountains Dowzers is scheduled for Sunday 10th September, 2023, 2:00 pm. (Not the 1st Sunday as it is Father's Day)

Address: The Lawson Mid Mountains Neighbourhood Centre,
9 New Street, Lawson.

Q & A FORUM

Because we are a new Dowsing Group, it was decided to have a, DOWSING QUESTION and ANSWER Meeting.

Our aim is to share stories and skills of our experienced members, with new members and guests who may have had little, or no previous tuition, or just haven't done much dowsing.

Questions could be about:

- The ethics of dowsing
- Practical dowsing to use in daily life
- Techniques, use of dowsing tools
- What to dowse for, in house, garden, work, business, relationships
- How to find out about mundane and esoteric unknown things about your life
- And a million other applications.

Bring your pendulum, and/or other tools. Pendulums are for sale at reasonable prices.

Your Committee aims to have every member of our group dowsing confidently, with big smiles on your faces!

“Give Dowsing a Whirl, it could change your life!”



Library News

Book review:

The Gift of Intuition:

Guidance on a healing journey, by Nila Chambers

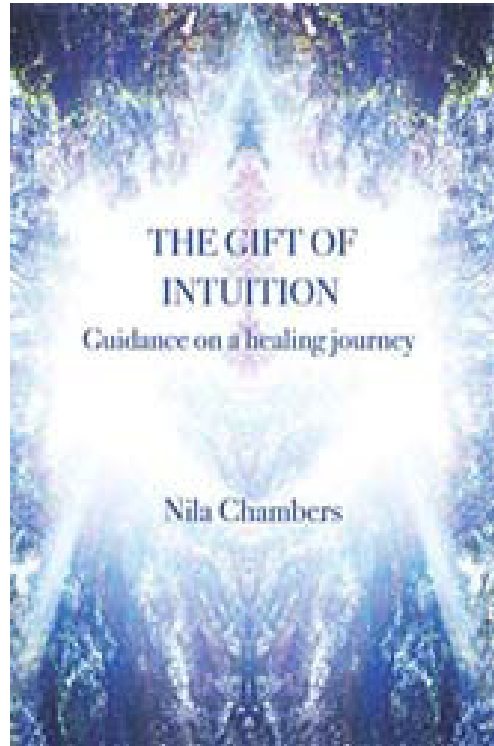
An inspiring and ground breaking book that clearly illustrates the practical ways in which intuition can guide and protect us.

Nila Chambers has always believed in the power of intuition, but when it saved her life and guided her on a healing journey, she understood in a new way what is possible, when we follow our inner guidance.

In '*The Gift of Intuition*', she shares the messages, signs, synchronicity, visions, dreams, visitations, etc. that led her along a healing path.

She then discusses the power and potential of intuition in your life, and explains how you can connect more deeply with your intuitive guidance.

Exercises and practical steps are included to help you discover, connect and develop your intuition into one of the most beneficial tools for life.



Remember, our catalogue is available online for browsing at your convenience at: <https://cloud.collectorz.com/271940/books>

-Helen

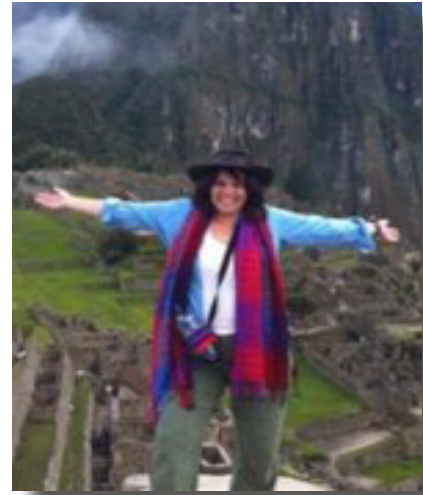
Speaker for September 17th, 2023

- Clearing Dark Energy Using Light -

Patricia Rose

Patricia has been propelled into clearing dark energies, due to the house she was living in, and the beings that were attracted to it.

Through much reading, assistance from other energy workers, trialling techniques and trusting her psychic abilities, she removes dark energies from interfering with people and places.



In this talk she will share her journey infused with spirituality and compassion. She will unpack some workings of dark beings who use fear/anger to create chaos/disharmony/conflict, and how to program your pendulum to indicate the presence of these beings and entities.

Specifically, you will learn how to remotely clear geopathic stress which can lower vibrations; how to dowse the polarity of energy beings (including ghosts and spirits) and how to send them all to the light.

The commands and divine connections shown will protect and empower you, other lightworkers and all of us who can use our dowsing to brighten the world.

It will be a practical session, so please bring your pendulum.

Contrary to previously mentioned, this presentation will be at the hall in Hunters Hill.

Dowers Society of NSW Inc.

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Dowser-of-the-Year

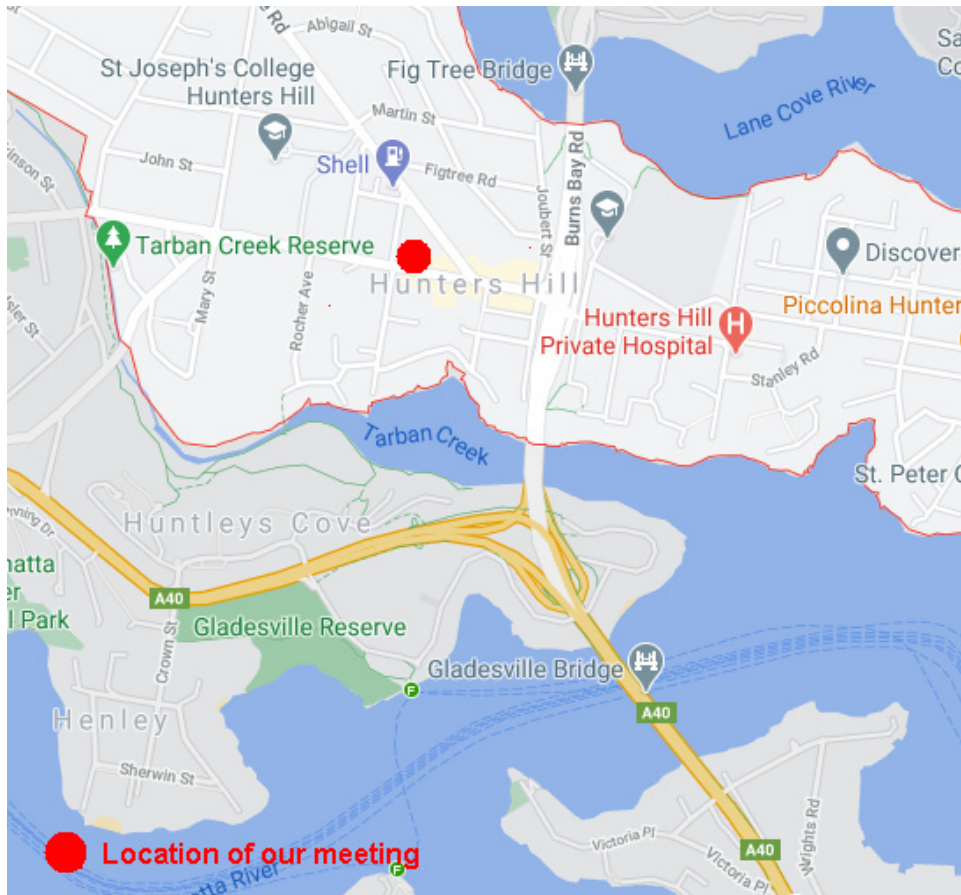
- 1997 Frank Henry (deceased)
- 1998 Esther Deans (deceased)
- 2003 Peter Ruehmkorff (deceased)
- 2005 Pauline Roberts
- 2006 Trevor Harding
- 2014 Maggie Lowe
- 2015 François Capmeil
- 2020 Robert Gourley
- 2023 Rai Heller (deceased)

Website address

www.dowsingaustralia.com

Facebook Group

<https://www.facebook.com/groups/1639531922791759/permalink/2130700580341555/>



Date of Meetings

Third Sunday of every month, except December (2nd Sunday)
Time: 2:00pm to 5:00 pm

Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

Bus Services: Transport Enquiries: 131 500

- 1. from City Town Hall, Bus # 506 goes from Town Hall House, Druitt St, Stand L, to Gladesville Rd, cnr of Pitt St, Hunters Hill;*
- 2. from Circular Quay, Bus # 506 to Gladesville, corner of Ryde Road, Hunters Hill;*
- 3. from City Station, Central to Rozelle, Bus # 501, then # 506 to Hunters Hill;*
- 4. from Chatswood, Bus # 536 goes to Hunters Hill .*

Please arrive at the meeting early so as not to disturb
and be seated by 2:00 pm

Website address: www.dowsingaustralia.com