

Dowsers Society of NSW Inc.

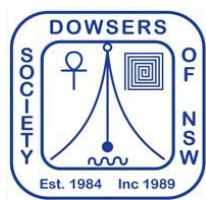
Newsletter

September 2022

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Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.

Speaker for September 18th, 2022

Megan Heazlewood

- Crop Circles -

In a magnificent Power Point presentation, Megan will be focusing on the most obvious and stunning examples of crop circles as a vital communication to all of humanity, and will include the latest archived crop circles. We will have a question time with Megan in the last segment. I am sure we all have so many questions.



Megan has been researching the global crop circle phenomenon since the year 2000. She started off as a sceptic but was captivated by the exquisite harmony and complexity of the art form.

Whether you are a sceptic, just curious, or an enthusiast.... if you are an academic, student or passionate in the arts, science, agriculture, mathematics, ancient history, or on a spiritual path, there is much in this phenomenon to surprise and confound you from all these disciplines.

For one day put aside any preconceived ideas about the phenomenon, and allow yourself to open to your natural sense of curiosity and appreciation for beauty at the very least.

What is there to understand about the Crop Circle symbols, and do they have anything to do with our ancient ancestral heritage and wisdoms?

From the Editor

Spring is coming and some of us will want to plant our own vegetables. Last year we got a couple of styrofoam boxes from the green grocer, some soil, and planted some mini tomatoes. As a result we had lots of delicious small tomatoes, that is until the birds noticed them. So in this issue we have a great article on how to do your own planting using your dowsing skills.

Dowsing is such a useful skill. Personally, I would be lost without it. With it comes an increase of intuition (see page 21 about intuition) and of course more self reliance. Your decisions can be guided without external influences. At this time so many so called ‘*Influencers*’ are trying to guide our decisions. Mostly they are based on profit, greed and ignorance. So what a relief to know that I can get my own ‘*influence*’ from within.

If you are new or are looking to know more about dowsing, or simply want to increase your skills; we do have great seminars from time to time. But you can also come to our meetings and ask someone who seems to know, and they will surely be happy to answer your questions, or give you some dowsing tips. Most of these tips are simple and common sense, but oh so useful.

I used to dowse every day to find out which vitamins or supplements I need. It would take me a while to go through the lot to isolate the ones to take. A couple of days ago I realised that just by looking at the tray of vitamins and minerals, my eyes would automatically be drawn towards a particular one. I then would check it and YES it was needed.

I still have to check when several are needed that they are compatible with each other. This is not always the case, so I have to include the factor of time. “*Is it beneficial if I take it now?*”

It is so empowering and fun. I hope that you succeed in getting your dowsing to work for you.

Until next time,

François

Seek and Ye Shall Find

*By Grahame Gardner,
Reprinted from Western Geomancy, 2009*

Mystery: “*Dowsing can be undertaken by almost anyone and often produces remarkable results. But how it works is still unknown*”.

© Aaron Bray

The practice of dowsing remains unexplained after thousands of years of successful use. Grahame Gardner outlines easy ways to explore a paranormal phenomenon that is both accessible and practical.

What image do you see in your head when someone mentions the word ‘*dowser*’? Is it a mental picture of a tweed jacketed gentleman marching across a field clutching a forked twig, looking for underground water?

These days you’re much more likely to find the dowser clad in the best high-performance outdoor gear and wielding a nylon V-rod in place of the forked twig. Perhaps you might also have come across a technician from your local water board using some copper L-rods to pinpoint a leaking water main; and that therapist at the local health shop – haven’t you seen her twiddling a pendulum over some charts?



Dowsing has always been a bit of a closet activity, but it’s finally becoming trendy as people realize what a valuable tool it can be in all walks of life, particularly for enhancing one’s intuition and decision-making ability. Dowsing may be an old technology, but it is as relevant today as it was to a Neolithic nomad in the African desert.

As well as finding water or other underground features such as gas mains,

cables and utilities (and breaks in them), dowsing can be used to locate lost items, pets or people; improve health by identifying food intolerances and allergies; survey archaeological sites in advance of more expensive geophysical surveys; and map the mysterious meridians of 'earth energy' that flow through the landscape, connecting ancient sites like stone circles and old churches along invisible ley lines.

Dowsing is useful in all areas of human endeavour, from the practical site work where the emphasis is on the tangible result, through to the more esoteric end of the spectrum where a dowser might be employed to clear ghosts from your home and check your aura for geopathic stress.

How does dowsing work?

ANCIENT ART: Dowsing and water divining have been employed successfully for centuries, as demonstrated by this medieval illustration. © Adam McLean



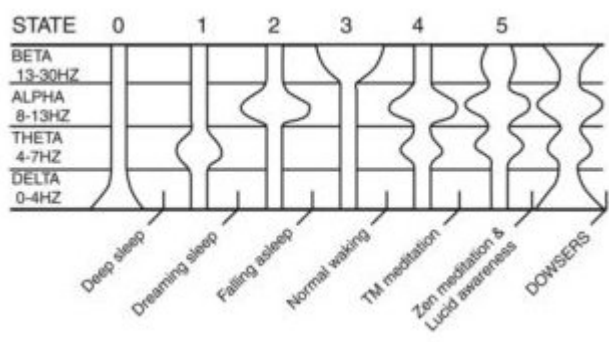
Sadly, there is no scientifically accepted explanation at present. No-one has yet proposed a model that can explain all aspects of dowsing, so most scientists and sceptics tend to dismiss the whole thing as nonsense. Yet anyone who has tried dowsing will know that there is definitely something going on. It is an ethereal and sometimes fickle phenomenon, but with practice results become more reliable and confidence quickly grows.

There are two main aspects of dowsing theory, which we may call the '*radiation*' and the '*information*' models. Empirical evidence seems to show that there is some sort of influence, probably electromagnetic in nature, given off by underground water flowing in geological faults and fissures in the ground and that this can be detected at the surface directly above. It used to be thought that the wood of the traditional '*forked twig*'

dowsing rod somehow vibrated sympathetically to these emanations, but today it seems clear that it is the human organism that is doing the detecting, and the dowsing tool is responding to minute muscle twitches in the hands to give the response – the twig lowers or raises, the L-rods cross, the pendulum swings, and so forth.

However, this ‘*radiation*’ model can’t explain the divinatory side of dowsing, nor can it explain how it is possible to dowse for things on a plan or map of the area without being physically present on site. To explain how this works we have to accept that dowsing is, at least partly, a phenomenon of the mind.

The human brain processes billions of pieces of sensory information every second but our conscious mind selectively edits this information to fabricate what we perceive as ‘*reality*’. Psychologists call this filtering process ‘latent inhibition’, and it is a survival trait that enables us to disregard stimuli that have had no impact on us in the past: signals that are not important to our survival from moment to moment are simply ignored by the conscious mind.



BRAIN SCAN: This ECG read-out shows that dowsers are not in a trance state when carrying out their work, but are in tune with their deeper consciousness.

© British Society of Dowsers

Dean Radin, in his *Entangled Minds*(2006), states that people with low latent inhibition tend to be more creative and open to new experiences; traits that are common to many dowsers. The process of latent inhibition does not mean non-essential signals are discarded: everything is processed on some level, but our conscious mind decides what we get to see.

Our subconscious is still aware of the other stimuli, and at a deeper level may be able to access the collective unconscious and gain information about other places and events. Many successful ‘*remote viewing*’ experi-

ments have demonstrated that this is possible – but how? Well, if you've done any reading at all on quantum physics then you may be familiar with the phenomenon known as '*quantum entanglement*', which shows that two particles that have been in contact with each other maintain some sort of connection and can transfer information between them, no matter how far apart they are moved.

So if we take two paired electrons, then move one to the other side of the galaxy, it will still react instantaneously to changes we make to the first electron. The implications of this are pretty staggering – as the Universe grew out of the singularity that was the Big Bang, then quite literally, everything is connected at a quantum level.

So, in our model, the subconscious can access information that is normally unavailable to the conscious mind, and this can be communicated to us through the movement of the dowsing tool. By acting as a bridge between our conscious and subconscious minds, the dowsing tool provides a safe and convenient means for us to communicate with our subconscious; something that is normally only available to people in deep trance states.

Unlike mediums, brain scans of dowzers at work show that both hemispheres of the brain are balanced and producing brainwaves across all frequencies; so dowzers are not in a trance, they are fully conscious, yet engaged with the deeper levels of consciousness.

Indeed, the correct state of mind for good dowsing is best described as '*engaged yet unattached*'. The mind has to be focused on what you are dowsing for, yet there must be no desire to achieve a particular result. You need to be in a state of ignorance and apathy about the whole issue.

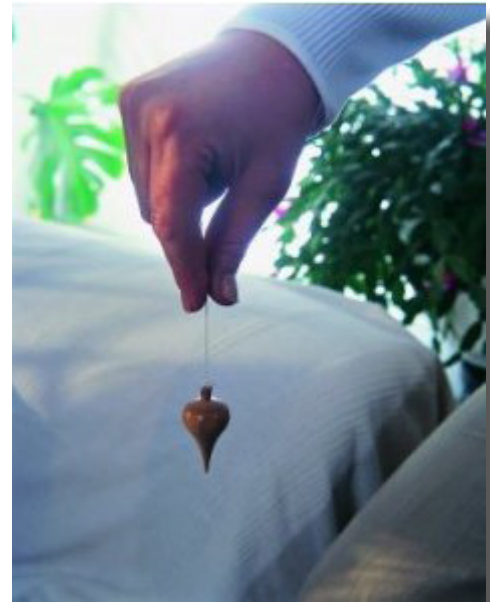
Using a pendulum

FIRST STEPS: The pendulum is one of the basic tools of the dowser. For beginners, it's advisable to start with a pendulum, sitting quietly and asking questions. © British Society of Dowzers

The simplest dowsing tool is the pendulum, and it's what nearly everyone starts to learn with. If you haven't got a pendulum to hand, you can easily make one with a small weight and a piece of fine cord or strong thread.

A steel hex nut or a lead fishing weight is ideal. The cord should be as thin as you can manage; a fine chain is also good.

Hold the cord or chain between your thumb and index finger of the hand you usually use, with the finger pointing downwards. The idea is to minimise the contact area between the cord and your fingers. Keep your arm relaxed but free to move.



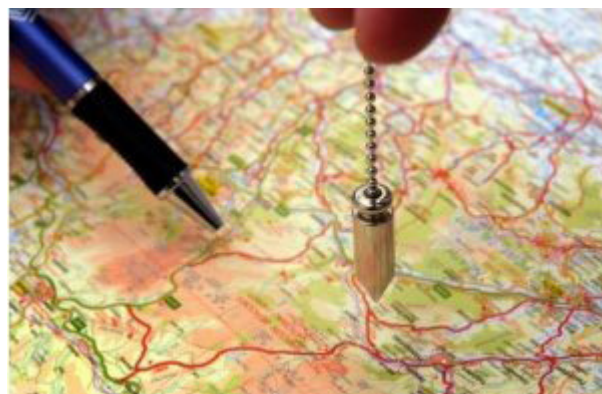
Experiment to find what length of cord gives you a moderately rapid swing for you – usually around three or four inches (10cm) of cord is ideal. The best way to first start using a pendulum is to sit down and set it gently in motion, swinging backwards and forwards. It is much easier to get a response to a question when it has already been given some initial momentum, rather than going from a ‘cold start’. Next you must establish a code for communicating.

This will take some time to develop fully as many reactions are possible, but for the moment we're only interested in our ‘yes’ and ‘no’ responses. Sit comfortably with your feet apart, and start the pendulum swinging between your legs. Each time you do this say to yourself, “*This is my search position*”. When the pendulum is swinging comfortably, ask it to “*Show me my Yes answer*”. Most people will find the pendulum develops a clockwise swing.

When you're happy that you're getting a definite reaction, repeat the exercise by asking for your ‘No’ response. Most people here find that they get an anti-clockwise swing developing, but it's possible that you get

something else, such as a side-to-side swing. Once you have programmed these reactions, they will always be the same for you, no matter what pendulum you're using. Remember it's you that you are programming here, not the pendulum.

At a distance: Pendulums can also be used for remote dowsing – using a map of an area rather than visiting the location itself. The success of this technique is one of the great mysteries of dowsing. © British Society of Dowsers.



Next, try asking some simple questions to which you know the answer, such as “*Is my name John?*” or “*Do I live in London?*”

Practice by asking yourself these kinds of questions until you are confident with your responses. The hardest thing is phrasing clear and concise questions about the object of your search. It's no good just asking for ‘*underground water*’ if you're looking for a place to sink a well – this could find water in pipes or septic tanks as well as aquifers or water flows. It would be better to ask for “*drinking water flowing all-year round in underground streams*”. Or, if you're looking for a lost pet, it is better to say “*Where is John's dog Fido at this moment in time?*”, rather than simply “*Where's Fido?*” Be precise.

If you're having trouble getting a consistent result, try swinging your pendulum in the search position with your eyes shut, then visualise it swinging the way you want it to whilst affirming to yourself “*This is my Yes response*”. When you open your eyes, you should find that the pendulum is behaving exactly as you pictured it.

Once you are reasonably confident with your responses, try exercises like the traditional ‘three-card Monte’ dowsing trick of identifying one red card out of three face-down cards; or have someone place a coin under

one card and try to find that; try to identify a pound coin hidden under a newspaper with several other coins; try to dowse whether current is flowing in an electric cable. There are many little tests like this that you can devise for yourself. Practising at these is the best way to develop your dowsing.

Locators: L-rods are the other familiar tools of the dowser and the best ones to use for seeking specific targets, such as water sources or minerals. © Aaron Bray



As you get more confident with your pendulum, you may find other reactions developing. For instance, if I get a weak oval swing in a clockwise direction, it means *'yes-maybe'* (and conversely for *'no-maybe'*). In this case I'll try and refine my questioning further. I also get a side-to-side motion, which for me interprets as *'impossible to answer, the question doesn't make sense'*.

If my pendulum simply continues in the *'search'* position, for me it means *'don't know'*. In either case, I know I have to ask a totally different question to try and come at the issue from another angle.

Working with rods

In the field: Prehistoric sites often reveal to the dowser evidence of energy patterns below the ground. For many, this has given credence to the concept of ley lines – connections to ritual sites known to ancient peoples. © Aaron Bray

The pendulum is great for asking questions, but if you want to locate something in the field, it's better to use a tool like L-rods. Like many people, I made my first pair from some old wire coat hangers and a couple of old pen cases. Make sure the rods are free to swing, and keep your fists relaxed – the most common mistake beginners make is to grip the

rods too tightly. Point the rods slightly downwards, and then slowly lift the ends up until just before they start to swing outwards. This is the most sensitive position. Focus your mind on the object of your search, and walk forwards until your rods react.

The main use of L-rods is to locate tangible targets like water pipes, cables and septic tanks; but they are also good at detecting energy fields like auras and the subtle earth energies.



You can program your rods to cross when over a target like a pipe or water vein, and to open out for energy lines. They can also be used to indicate direction of flow, or to locate something by pointing in the direction that the target lies. They can also give 'Yes' and 'No' answers, just like the pendulum.

Next Steps

If you're interested in developing your dowsing, the best way to progress is to attend some workshops and courses, and meet up with other dowsers. The British Society of Dowsers has 1,600 members and over two dozen Affiliated Local Groups around the UK. The Society organises a comprehensive series of regional workshops and training courses that can train you up to professional practitioner level in all areas. Check their website at britishdowsers.org for more information.

Reaction: The author demonstrates how the L-rods cross over the target sought below the ground.

© Ian MacNicol / www.ianmacnicolimages.co.uk

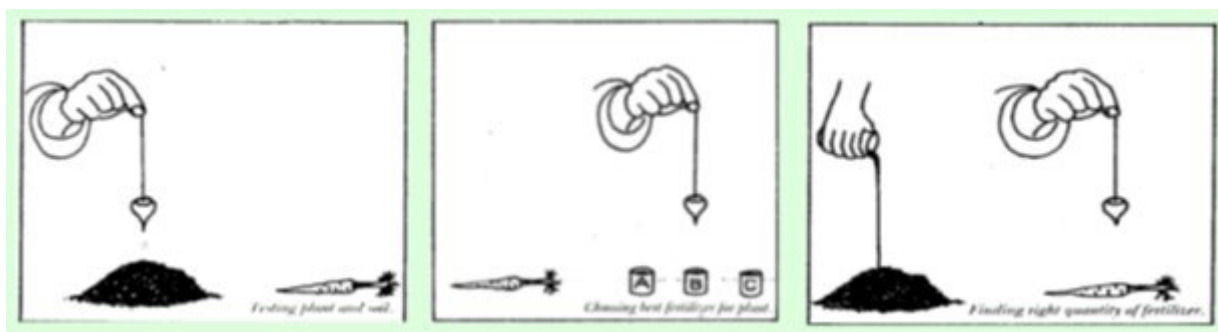


Hope for the Small Farmer

By F.A. Archdale

Reprinted from *The British Society of Dowsers, 1950*

It is not necessary for me to stress the importance of agriculture in these difficult times, but if radiesthesia will help us, as it will, to get a better return for our labours by planting the right thing in the right place, and by using the right fertilizer, so much the better.



The big farmer is in a position to take advantage of the various government departments which are set up to assist him in testing his soil and so on. There are, however, thousands of small-holders and tens of thousands of gardeners who are not able to take advantage of such facilities, and it is for them that radiesthesia will be found profitable.

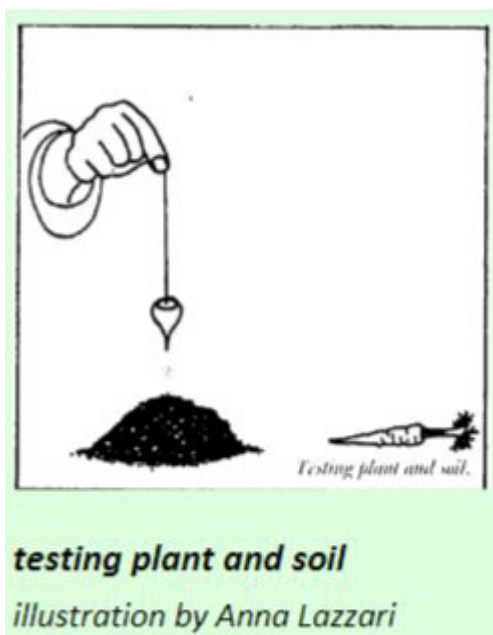
Time and time again, I have heard gardeners say “*Broad beans never do well in my garden. I don’t know why, I’m sure.*” The answer is, of course, that either the soil is unsuitable, or they are using the wrong fertilizer.

Our objective in the following tests is to determine whether harmony exists between plant and soil and, when necessary, between plant and fertilizer. If a plant is not in harmony with the soil in which it has been planted, it will grow but it will not thrive. That is common knowledge to all, but generally speaking, we have to find out for ourselves by trial and error, whereas radiesthesia will give us the answer in a matter of minutes.

Let us, for example, suppose that you have a small plot of ground in which you decide to grow tobacco, although you do not know if the soil

is suitable or not. If you plant it and it is a success, well and good; if it is not, you have lost the use of the plot for about six months and have spent time and money to no purpose.

The test by radiesthesia is not a difficult one. As you may have several samples on the table at the same time, I suggest that a newspaper be spread for that purpose. Take a small sample of soil from the plot, a large handful is sufficient, and place it in a small heap on the paper. About 46 cm away from the heap of some seeds, but preferably a seedling.



Hold your pendulum over the heap of earth and when it is gyrating strongly, move it from the soil to above the seedling and watch the result closely. If the gyrations increase, then the soil is in harmony with the plant and is therefore quite suitable for growing tobacco and you have nothing more to worry about.

If the gyrations decrease, it means that the soil is not particularly good although not bad, for the purpose.

Should the pendulum change over from gyrations to oscillations, it signifies that the soil requires some form of fertilizer to make it suitable. If, however, the pendulum gyrates in the opposite direction, the soil is unsuitable and no attempt to grow tobacco should be made.

This test can be applied to anything that grows in the ground—vegetables, flowers, or fruit must be used as a sample. A dead twig or leaf, for example, should not be used.

We will suppose that your pendulum has indicated that the soil requires some form of fertilizer in order to make up the deficiency. In order to make this test, you must have small samples, about 30ml, of each of the various fertilizers you have at your disposal. You must now determine

which fertilizer is in harmony with the tobacco seedling, so the soil sample must be replaced by the samples of fertilizer, placed several inches apart so as to be clear of each other's field of influence.

Hold your pendulum over the tobacco seedling and when it is gyrating, move it above each of the fertilizers in turn.

The one that gives the strongest reaction will be the right one for tobacco growing.

You will probably find no difficulty in selecting the right fertilizer because the pendulum will continue, most likely, to gyrate over one and decrease or stop over the others, but it may take a little practice

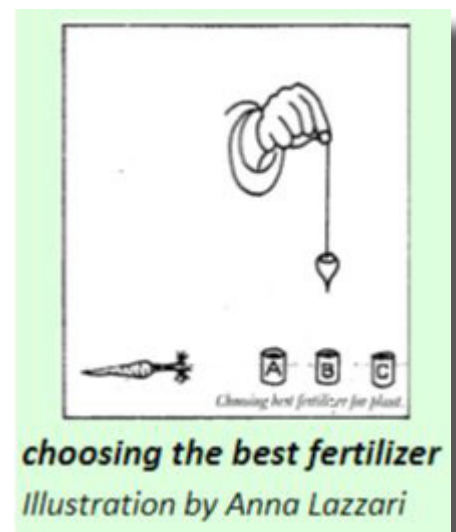
Before you get it right.

Having found which fertilizer is the most suitable, put the others away and bring your samples of soil into use again; you must now determine how much fertilizer is required for the heap of soil. This is a somewhat delicate test, so it is advisable for you to have an assistant.

Hold the pendulum over the earth and then move it to the plant and while it is gyrating, let your assistant add the fertilizer, a very small quantity at a time, to the heap of soil. As the fertilizer acts as a tonic, the gyrations of the pendulum over the plant

will increase up to a point. When you think that point has been reached, stop adding the fertilizer.

If more is added, the gyrations will decrease, and you will know that you have added too much. Again, a little practice is necessary.



Confirmation

By Ronda F. Cooper

Reprinted from the American Society of Dowsers, Summer 1995

Few things encourage an inexperienced dowser more than an unequivocal success. Only as we accumulate successes do we begin to trust our dowsing.

There was a water spigot in the centre of the front lawn of an apartment I rented while I taught at a medical school in the Caribbean. The hydrant was heavily used because it supplied both the lawn and garden.

One day, the landlady connected the hose, turned the handle, and heard a brief gurgle. No water flowed.

“The pipe must be leaking” she said. “I’ll have to dig up the yard all the way to the meter to find the leak.”

“Maybe I can find it,” I replied. “Location of leaks in water pipes was discussed at the dowsing school.”

She looked at me with an expression of shock and disbelief. *“Surely you don’t believe in that sort of thing,”* she said.

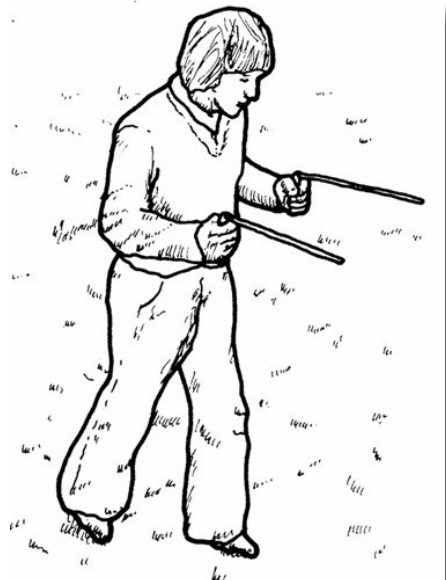
I countered that I’d heard some pretty dramatic stories at ASD conventions in Vermont and from dowsers I knew personally. Finally we compromised. She’d let me try to dowse for the site of the leak in the water pipe and would dig there first. *“After all,”* I’d said, *“you’re planning to dig up the entire water line, anyway.”*

I fetched my dowsing tools and held the Y-rod as I listened to the sceptical landlady point out the path of the pipe from the meter across the backyard, under a concrete porch, and across the front yard to the stand pipe.

With my observer hovering just beyond arm's reach, I dowsed the indicated areas of both the back and front yards, searching for the leak. The rod never dipped. I dowsed across the concrete. The Y-rod did not respond.

The landlady looked satisfied. "*I didn't think that stuff would work.*"

There is, sometimes, a discomfort that niggles at the edge of the awareness when something is 'wrong' with one's dowsing technique and it niggled at me then.



I returned to the spigot in the front lawn and, using an L-rod, asked to be dowsing the path of the water pipe supplying the spigot from there to the meter.

I was led in a straight line - diagonally across the yard to a fence separating the property from a neighbour's property. Line-of-sight dowsing with the rod indicated that the water pipe originated from a corner of the neighbour's house!

By then my landlady was laughing aloud.

My dowsing was confirmed when the neighbour returned from vacation. Utilities at that house were reinstated and water once again flowed from the spigot in my front yard.

Hurricane Hugo brought a more dramatic confirmation. It uprooted a tree along the fence separating the two properties. As the tree roots were pulled from the earth, they lifted the water pipe for all to see.

On her next trip to the USA, the landlady joined ASD and attended the convention in Danville, VT.

Some Days You Get Real Lucky

*By Keith Schaffe
American Dowsers, Spring 2022*

About two years ago, I had a phone call to dowse a well that was about an hour from my house, and I agreed to go. When I got to the area the next morning, I discovered 3 inches of snow. I don't have 4-wheel drive and did not want to go up the hill.

The owner of the property came, and I told him I didn't want to go up there, walk all the way up that hill ... I'm getting too old. He said, "*Get in that vehicle, I'll take you up.*"

On the way up, he told me about a \$1 million house down at the bottom of the hill across the street. They built it and decided to drill the wells afterward. But after 400 feet down, the well driller said it was dry.

So, the driller proceeded to drill a new well. At 600 feet down, he found a trickle of water. Then, they decided to frack it. But they only got two gallons of water out of the 600 foot well, which isn't enough for a home unless you have a holding tank.

On the way up the hill, the man told me he wanted to make sure there was water up there before he built a house, he didn't want to run into the same problems as the other guy down the street.

So, I found a spot for him, and I told him at 350 feet down he'd hit 10 gallons of water, which was enough not just for his lot but for his son's lot next door as well.

Then, I left.

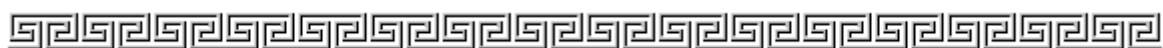
Two years later, the man called me again. He said, "*I want to tell you the results of that well you dowsed.*" First, he told me he hired the same well driller from down the street, the one who drilled the dry wells at the \$1

million-dollar house. Then, he said when he told the driller he'd hired a dowser to find water, the driller told him he was nuts, told him there was no water up on that hill, and that the guy who dowsed it didn't know what he was doing.

He said the dowser was a liar. But, he set up his rig anyway and started drilling on the spot I picked. At 40 feet down, he hit 2 gallons of water. At 300 feet, he hit 7 to 8 gallons of water, which is enough for a well and a home. So, he stopped drilling and said even though he hit water the dowser still wasn't right.

The homeowner said he remembered I told him 350 feet, and he wanted to prove me right. So he told the driller to go down another 50 feet. And wouldn't you know it, 50 feet down he hit 10 gallons a minute. The well driller couldn't believe it.

So, it just goes to show you, some days you get real lucky.



Essential Oils for Brain Health

By Jennifer Giustra-Kozek, LPC, NBCC
Reprinted from www.collective-evolution.com

Bergamot: boosts feelings of joy, and increases energy.

Caraway: soothing effect, encourages positive thinking, energy, and harmony.

Cedarwood: improves calm feelings, induces sleep, encourages feelings of happiness.

Chamomile: relaxing, helps calm nerves, improves sleep.

Clary Sage: lifts the mood, reduces stress, gives one a sense of security.

Fennel: increases motivation, and improves self-esteem.

Frankincense: dispels negative feelings, and promotes focus and calm.



Lavender: helps to bring calm, lifts one's spirits and helps with sleeplessness.

“There is growing evidence suggesting that lavender oil may be an effective medicament in the treatment of several neurological disorders.”

Orange and Mandarin: boosts feelings of joy, alertness, and calmness.

Peppermint: is mood elevating, improves focus, and reduces headaches.

Sandalwood: improves mental clarity and induces calm.

Thyme: relaxes the body and mind, beats depression and boosts mood and memory.

Vanilla: effectively treats Obsessive Compulsive Disorder (OCD), and beats depression.

Vetiver: reduces stress, invites sleep, improves patience, boosts concentration, and emotional balance.

Ylang Ylang: increases mood, energy levels, and reduces anxiety.

Using Oils Safely. Quality matters: Organic oils from reputable companies or home grown is the best. You want pure, organic and authentic oils to decrease the likelihood of adverse reactions.

Dilute certain oils: Those rich in aldehydes (e.g., citronellal, citral) and phenols (e.g., cinnamic aldehyde, eugenol) should always be applied with a carrier oil like almond, coconut or avocado. Mixing irritant oils with others to create a blend can also reduce an adverse reaction.

Application: Oil may be applied to the skin or diffused with relatively no risk. Some essential oils are ingestible. However, ingesting oils is not recommended unless under the advisement of a qualified herbalist or alike. Anecdote: It is never one size fits all. Most aromatherapy oil-based blends will be between 1 and 5 percent dilutions, which typically does not represent a safety concern.

As one increases concentration, potential dermal (skin) reactions may take place depending on the individual essential oil; and the area in which the oil is applied. One may be sensitive to a particular essential oil, just as they may be sensitive to a specific food. So, make sure to take precautions is always recommended.

Not one size fits all: A particular oil may invite relaxation for one, and may create the opposite reaction for another. We need to remember that we are all bio-individuals. People with specific allergies to ragweed and other plants need to be more careful about having a similar reaction to oils.

Age matters: Babies and young children may be more sensitive to the potency of essential oils. Certain oils should be avoided, used highly diluted or under the guidance of a knowledgeable professional. To prevent reactions, applying diluted oils to the soles of the feet are often recommended in younger children.

Particular caution should be exercised with potentially toxic essential oils such as Birch and Wintergreen which are both high in methyl salicylate, Eucalyptus which is high in 1,8 cineole and Peppermint which is high in menthol. Elderly clients may have more skin sensitivities so a reduced concentration/dilution may be indicated.

The Voice Within

By Echo Bodine

Ozark Research Institute, Summer 2022

This past summer, I channelled a message to my advanced healing class from a North American Indian spirit. I would like to share parts of that channelling with you, because I believe anyone reading this journal is on a personal quest to have a better understanding about living life on our planet, and about what is the right way to do this.



The Indian spirit talked about our need to be patient right now. He said that our bodies are in a process of shifting with the new energy that was to come around the first of September. He said, then, that September, October and November are going to be very intense months and that, intuitively, we have been guided throughout the summer as to what areas of our lives we have to clean up, or take care of. Many, who choose to take care of these unfinished areas of their lives, would do fine with the new energy coming. Others, who had put off taking care of business, would find these three months to be somewhat challenging.

He said we have to stop looking outside of ourselves for advice - that we have been told all along that we have to learn how to listen to the voice within ourselves. He said that the voice within us (*'our intuition'*) is connected to our mind, body, and soul and knows what each one of us needs, individually. This voice, he said, loves us and wants only the highest good for each one of us. This is why we have to take the time to listen.

We have to know this voice like we know the backs of our hands. He said that, with times as intense as they are now on Earth, we are complete fools if we don't listen internally. He said we need to use our gift of dis-

cernment, to each know the difference between our fears and our true voice. Then, he said, we will not be taken by surprise by any events coming up. We may not know the specific events coming - but we will know what we need to know in order to survive and prosper.

He said that many people will be leaving the planet through death, because they will choose to be '*done*' at this time, and those remaining should not worry about them. He also said that many animal spirits are here on earth right now - animals that we have had as pets and that have '*gone on.*'

They have come to be with us. And he ended by reassuring us that winter is not going to be as bad as we fear. It looked to him as if 'fall' was to be as beautiful as summer was, and he also said that we need to listen to the earth because she will tell us better than the meteorologist what to expect with the weather.

He said the earth is trying to stabilize herself right now; that she has had quite a summer of regeneration, and is looking forward to going within herself and hibernating for a season.

He said to feel the earth, and you will feel the inner preparation taking place - a feeling as if the beauty of summer is pulling inward. There is a sense of pride within the earth about the kind of summer we have had, he said we should go outside, and walk amongst the trees and foliage. We should ask them what they have to tell us, and sit or walk in silence, and listen. He said this will be good practice for listening to the voice within ourselves; that this is how to discover the magic in life.

As we continue to go within and find the wise voice you will continually view life as a treasure chest, and always be anxious to see and know what's inside. We need to use our gift of discernment to know the difference between our fears and our true voice.

Many people are talking these days – actually, they have been for the last

couple of years - about all the changes coming to the earth. Some say that possibly another Earth is being created on which some of us will live, while others remain on this earth.



Some are saying more and more spaceships are coming to Earth and then several races of aliens, not all of them friendly, are getting ready to descend upon us.

Many are still predicting the big earthquake in California, along the San Andreas fault. There are a lot of books out which give predictions of what is going to happen to our planet. I think that if we keep listening to the voices of the world, and not to the internal voice we all have within, we are going to lose our minds from fear. So much fear is being conjured up now, and no one really knows for sure what is going to happen.

Two days ago, I was listening to several people share different things they have read in various books. Afterward, I wondered how a person is to know which one of the predictions to listen to, or which one of the books is on the right track? My inner voice said to me, "*I will guide you as to what you will need to know, if and when you need to know something.*" It said that I was to let go of all that I had just heard and to stay calm, so I would be able to hear what was being said to me internally, because that is where I would hear the truth.

As challenging as this is some days, I really believe that living by our intuition is going to be the saving grace for all of us. We will always be given what we need, when we need it - just like my own inner voice said.

Echo Bodine is a well-known psychic, a spiritual healer, Ghost buster, a teacher and author of several published books.

Blue Mountains Dowsers



The next meeting of the Blue Mountains Dowsers is scheduled for Sunday 9th October, 2022, 2:00 pm at the Lawson Mid Mountains Neighbourhood Centre, 9 New Street, Lawson.

Speaker: Robyn Simon
- Essential Oils -

Robyn Simon has a background in natural therapies, agriculture and horticulture; and wishes to show in this presentation how potent plant essences can be used to control pests and care for the health of plants, bees, animals, birds and humans.

Robyn's long term focus is on viruses, bacteria, fungi and moulds and how they can be treated with pure oils.



Robyn is a certified teacher of the AromaTouch Technique, a differentiating approach to pure essential oil application to the back and feet creating balance which combines the healing methods of the East and West.

She also employs the Symphony of the Cells Technique, a collection of 18 protocols that cellularly addresses ongoing health and emotional challenges.

Robyn is a 'doTERRA' team leader and will be introducing the doTERRA Certified Pure Therapeutic Grade Essential oils. Founded in 2008, doTERRA's mission is to share the highest quality essential oils, distilled from plants harvested at the '*perfect moment*', with the world.



Library News

Book review:

Creative Visualisation

By Shakti Gawain

This book, as many would know, was written in 1978. As one of the first of its kind, it has stood the test of time.

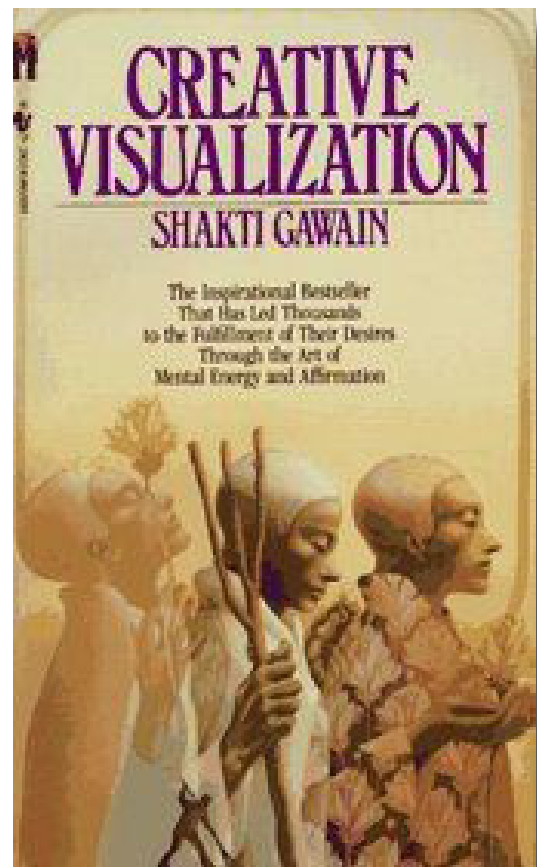
This is an introduction and work-book for the art of using mental energy to transform and greatly improve health, beauty, prosperity, loving relationships, and the fulfilment of all your desires.

Shakti is a pioneer in the field of personal development. For over twenty-five years she has been a best-selling author and internationally renowned teacher of consciousness.

Shakti has facilitated thousands of individuals in developing greater awareness, balance and wholeness in their lives.

Remember, our catalogue is available online for browsing at your convenience at: <https://cloud.collectorz.com/271940/books>

You will need to type this into your browser the first time, then bookmark it for future use. There are various ways to view the books, from image to list form, and you can search by title/ author.



-Helen

Speaker for October 16th, 2022

Dr Scott Peterson

- The Use of Food in Healing -

In 1993 Scott had his first near-death experience, followed by three more before 2006.

During that time he has written 21 books detailing these experiences, and taught for a little over three years at the Theosophical Society, until it changed to its current form. The audio tapes and books may still be there!



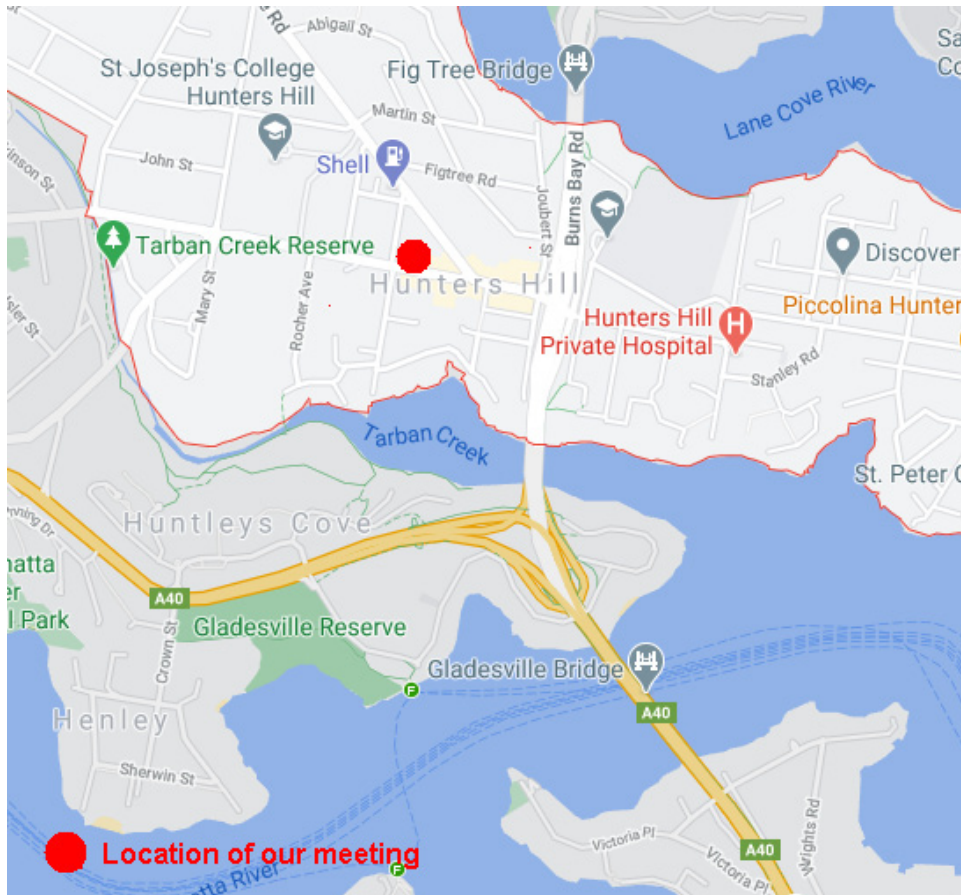
During these experiences Scott received information about Celestial Beings, also known as the Sons of Light. He subsequently wrote about them and became an international best-selling author.

Scott gave a very interesting presentation at the July meeting, so we have invited him to present again in October.

This time, he will talk about how he became a spiritual healer as a continuation of the celestial theme he presented earlier.

He will explain how to become a spiritual healer and how it embraces nutrition, lifestyle and family.

We are very much looking forward to his presentation.



Date of Meetings

Third Sunday of every month, except December (2nd Sunday)

Time: 2:00pm to 5:00 pm

Venue for Meetings

Community Hall, 44 Gladesville Road, Hunters Hill

Bus Services: Transport Enquiries: 131 500

- 1. from City Town Hall, Bus # 506 goes from Town Hall House, Drutt St, Stand L, to Gladesville Rd, cnr of Pitt St, Hunters Hill;*
- 2. from Circular Quay, Bus # 506 to Gladesville, corner of Ryde Road, Hunters Hill;*
- 3. from City Station, Central to Rozelle, Bus # 501, then # 506 to Hunters Hill;*
- 4. from Chatswood, Bus # 536 goes to Hunters Hill .*

Please arrive at the meeting early so as not to disturb
and be seated by 2:00 pm

Website address: www.dowsingaustralia.com